

Are you hearing a

POP or **CRACKLE** or **GRIND**? Let's fix that.

TRS Motion+ gives expert care for every sound your body shouldn't make. Take Advantage to save \$\$\$ on certain procedures and start moving with confidence.



CERVICAL SPINE PROCEDURES

Tech neck from lessons and laptops?
Whiteboard writing wearing you down?
Neck turning turned into neck burning?



KNEE REPLACEMENT

Desk-level squats got your knees complaining? Stairs suddenly feel like summitting Mt. Everest?



HIP REPLACEMENT

Limping to lunch? Teaching on your feet getting tough? Sit. Stand. Ouch?



Quiet the noise and move **more freely.**

Call a Personal Health Guide at **1-866-355-5999** to learn more about how you'll pay no more than \$2,000* for certain cervical spine procedures, knee and hip replacements.

*TRS-ActiveCare HD participants will pay no more than \$2,000 after you meet your deductible.



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