LET'S GET YOU SET UP

DOWNLOADING SPRUCE

FIRST PRIMARY CARE

Download Spruce

TAKES ESTIMATED: 3 MINUTES

- Download our secure, direct messaging app that connects you to your care team.

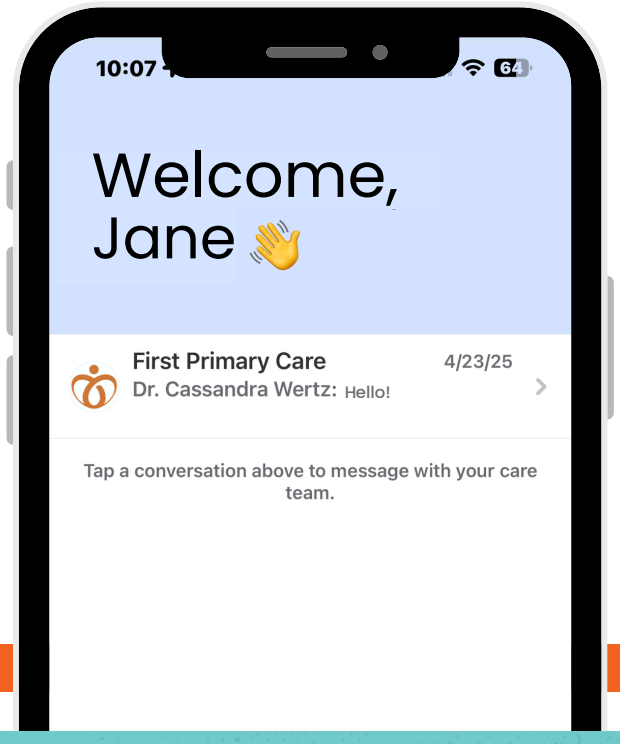
Health Intake

TAKES ESTIMATED: 7 MINUTES

- Once you download Spruce, you will be sent a link to complete your Health Intake Form. This helps us understand your medical history and specific health needs, so we can deliver the most personalized, effective care possible.

Download Spruce using our direct link

IMPORTANT: *Please use the same contact information that you provided during Open Enrollment.*



LET'S GET YOU SET UP

DOWNLOADING SPRUCE

FIRST PRIMARY CARE

STEP 1

Download the App Using Our Provider Link

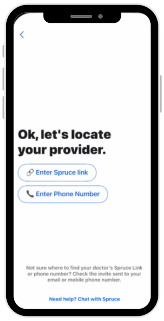
If your group's health plan has a future active date, please include your group's name in your first message in Spruce.

Spruce.care/FPCMedHome

This will ensure that you're connected with First Primary Care.

If you've set up a Spruce account previously, there's no need to create a new one. Simply log in with your existing information.

Having issues downloading Spruce with our link? You can also download the app and **select the option to connect with your provider by phone number.**



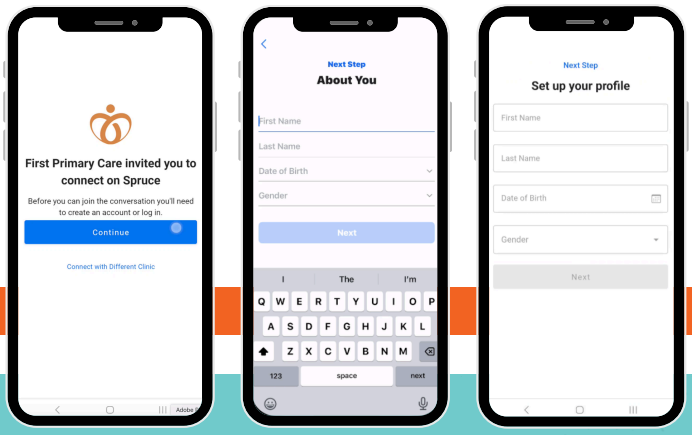
FPC's Provider Number:

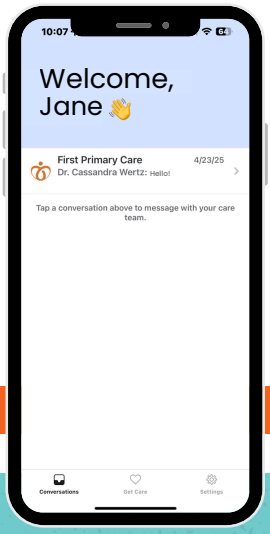
(713) 280-7991

STEP 2

Setup Your Profile

Tip: Make sure to use the same contact information that you provided during Open Enrollment. This is how Spruce matches your patient profile.



STEP 3

Now You're Ready to Message Your Care Team