



Your Team, Your Care

Your
Medical
Home

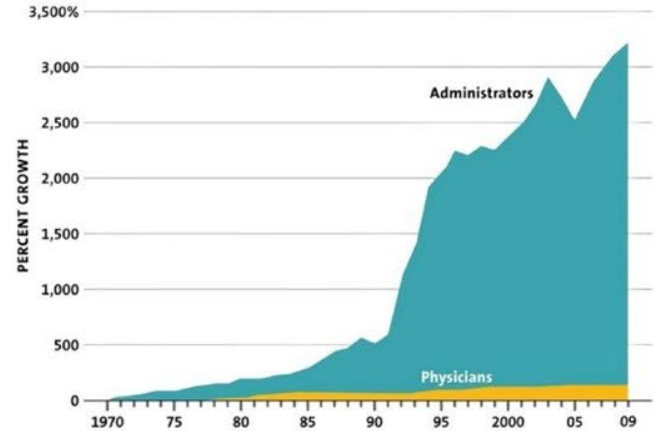


THE PROBLEM

WHY IS HEALTHCARE SO EXPENSIVE



GROWTH IN PHYSICIANS AND ADMINISTRATORS



SOURCE: Bureau of Labor Statistics; NCHS; Himmelstein/Woolhandler analysis of CPS

Healthcare, the Way It Should Be



Most of Our Patients Used to Avoid Doctors Altogether

Why? High copays and surprise bills made them think twice. If it's not an emergency, who wants to waste time or money?

Here's how we've changed that: **we've removed those barriers.** With us, most care is included, so you don't have to worry about copays or deductibles. Staying on top of your health is easy—and you can get the care you need without the stress.

Primary Care is Centered on the Four Pillars of Health



Sleep



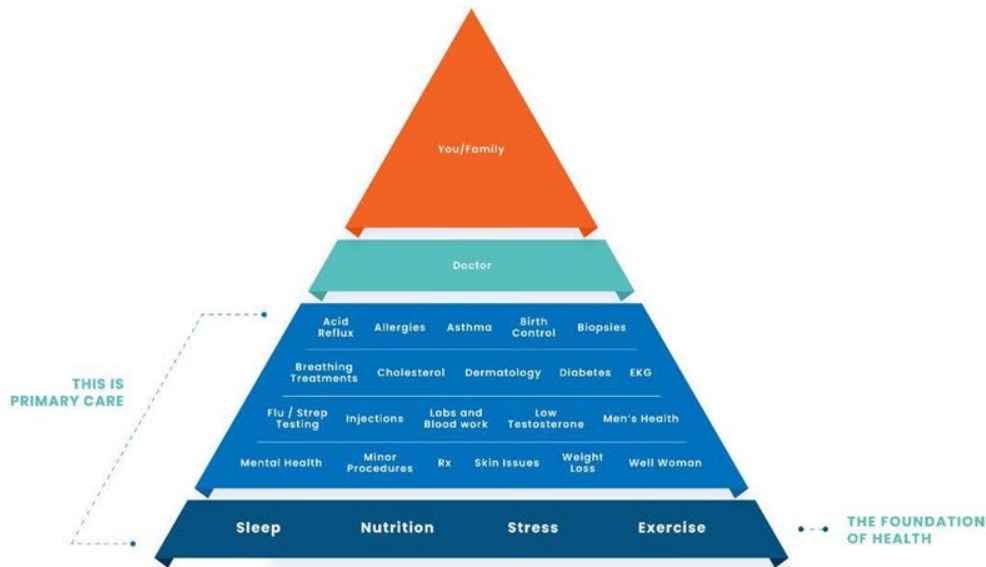
Nutrition



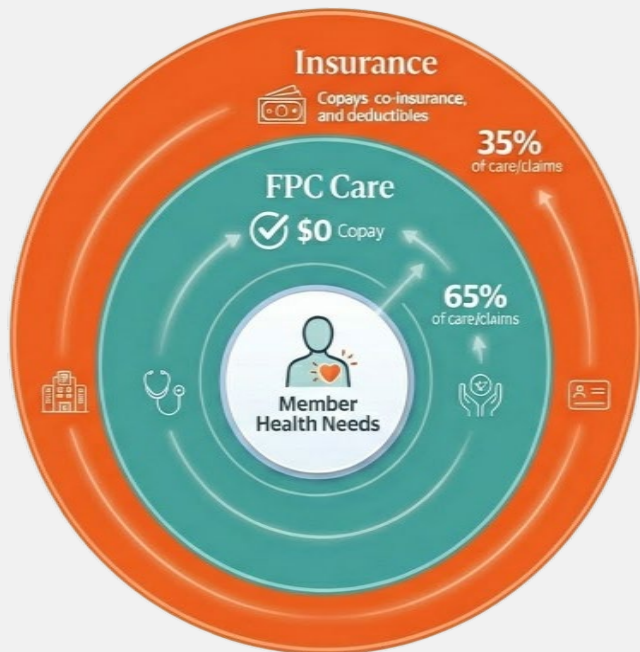
Physical
Activity



Mental
Health



Healthcare, the Way It Should Be



	FPC Care	Insurance
PCP Visits	\$0	DCC
Generic Medications*	\$0*	DCC
Lab Work*	\$0*	DCC
Onsite Visits	\$0	×
Surgeries	×	DCC
Specialists	×	DCC
Imaging	×	DCC
ER/Hospitals	×	DCC

* Refer to First Primary Care for included medications and labs

DCC = Deductible, copay, coinsurance

Unrestricted Access to Your Doctor

Your doctor, *available at your fingertips*

Direct access to your doctor thanks to the Spruce app

- Secure direct messaging, phone and video calls

1

Open Spruce
and message
your doctor

2

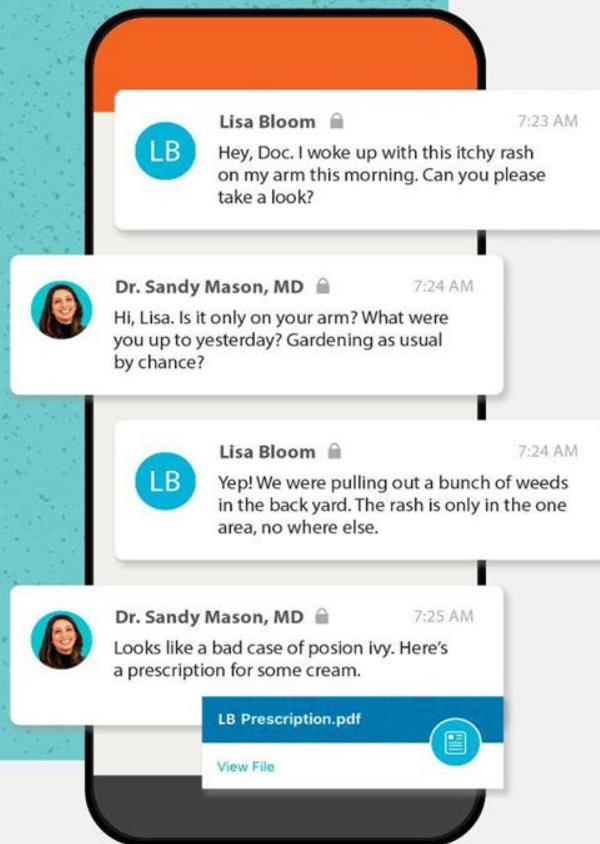
Your doctor will do
a phone/video call
with you

3

Your doctor will
discuss action plans
and follow-up

After-hours care is available for urgent health concerns

- Please reserve this for more immediate needs





Why FPC Works *for You*

- Eliminates barriers to care
- Directly message your care team anytime
- Transparent pricing + Rx generic prescription savings/discounted prices

Scan here to explore
what's included!



Onboarding Walkthrough

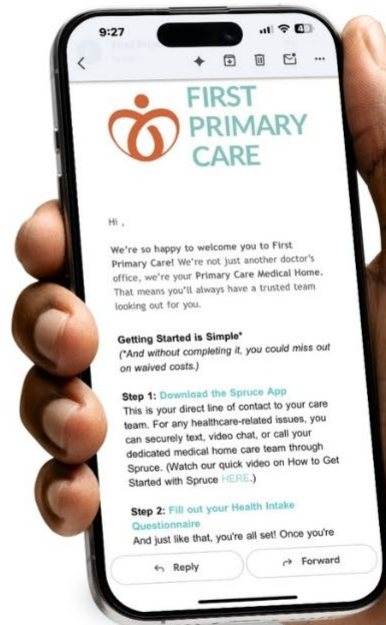
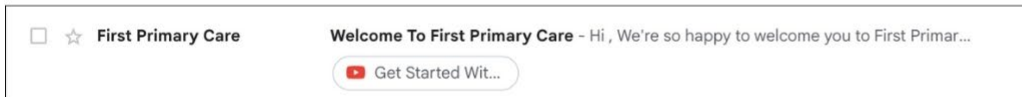
The Welcome Email

Sent Out: 12/01/25

From: enroll@firstprimarycare.com

Subject: Welcome To First Primary Care

How it will look in your inbox:



Onboarding Walkthrough

The Welcome Email

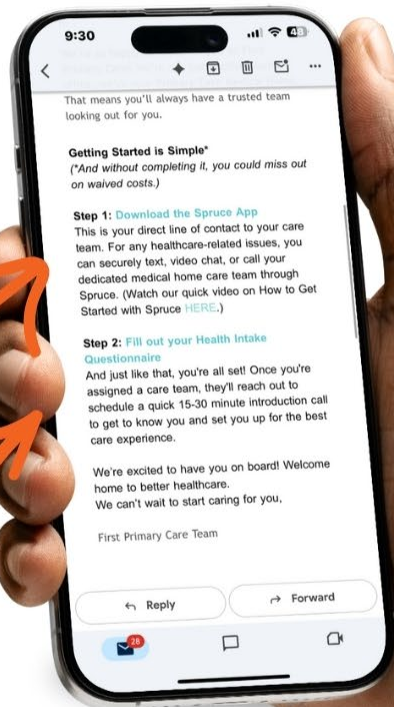
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Important Links

- **Download the Spruce App with our Provider Link**
- **Fill out your Health Intake Questionnaire**



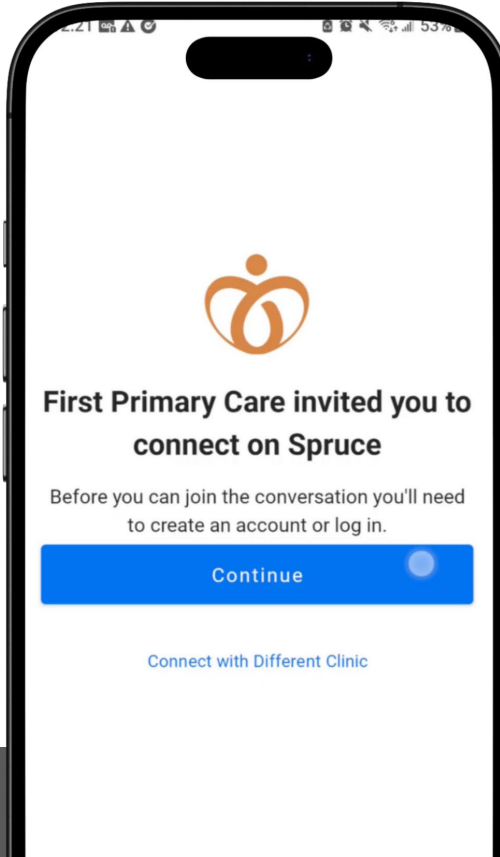
Onboarding Walkthrough

Download Spruce

Download
Spruce
using our
direct link

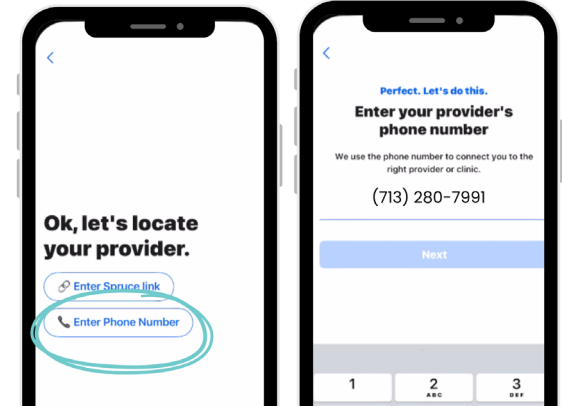


IMPORTANT: Please use the same contact information that you provided during Open Enrollment.



Having issues downloading Spruce with our link? You can also download the app and select the option to connect with your provider **by phone number**.

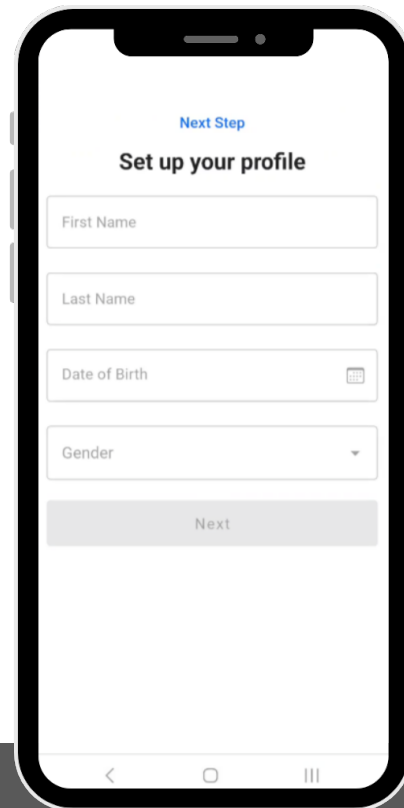
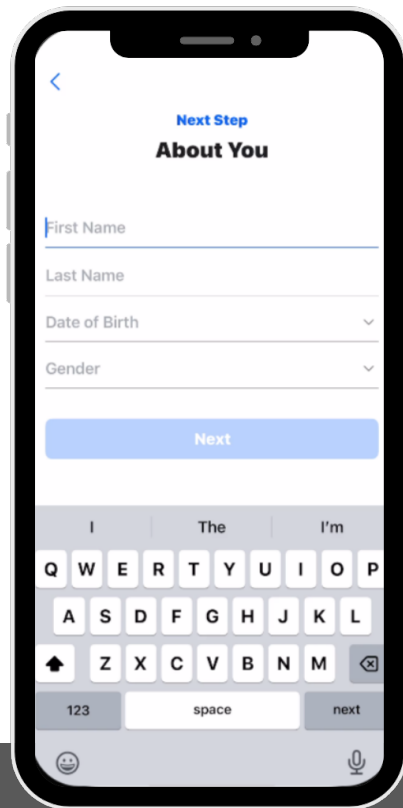
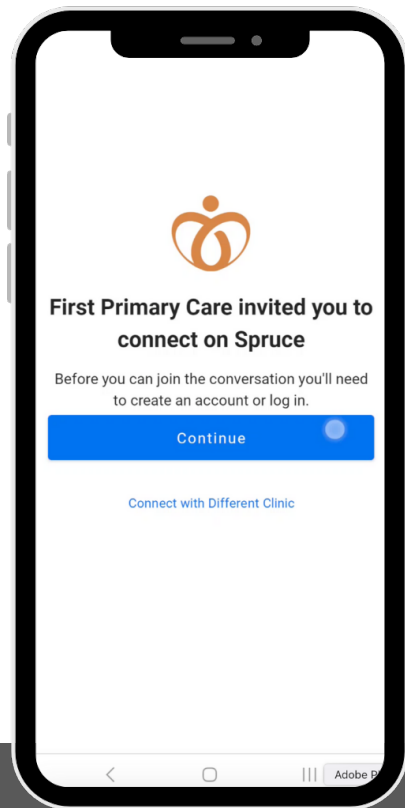
First Primary Care's Provider Number: **(713) 280-7991**



Onboarding Walkthrough

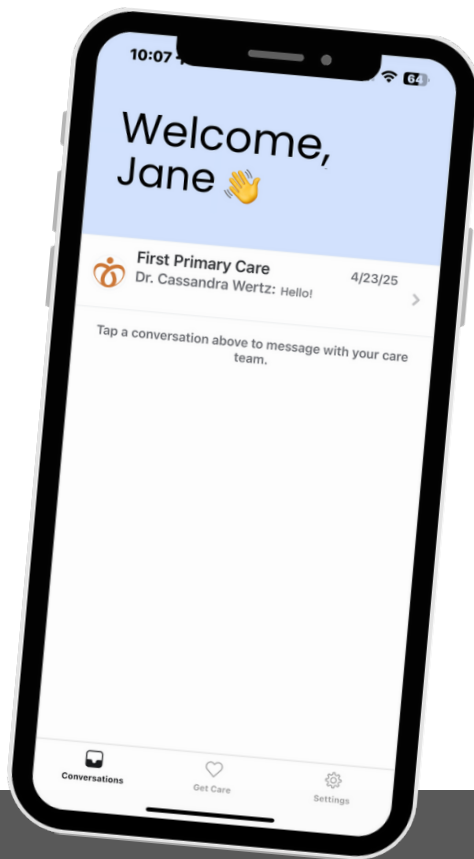
Setup Your Profile in Spruce

Please use the same information that you provided during Open Enrollment



Onboarding Walkthrough

Now You're Ready
to Use Spruce



What You Get as an FPC Member



Annual labs
included

Same-day
urgent access to
a clinician

Discounts on generic
prescription
medications

Pediatric care

Chronic condition
management

Travel & lifestyle
support

A true
medical home
focused on *you*

What Makes DPC Special?

With DPC, your health is our top priority—not billing codes or insurance claims.
We focus on keeping you well because that's what truly matters.



We're Not Incentivized to Keep You Sick

We get paid the same whether you're sick or healthy.

Unlike traditional healthcare systems that profit from more appointments, tests, and treatments, our model is different.



Unlimited Access to Care

You can use our services as much as you need—no restrictions, no surprise bills.

Whether it's a quick question, a comprehensive check-up, or ongoing support, we're here for you without hesitation.



We Encourage You to Use Us

The more you engage with us, the more value you'll see.

From preventative care to ongoing health management, frequent use helps maximize your savings since most of your care is fully covered under our model.