

Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.



Dental Insurance

- Find a dentist
- Plan based cost estimator for dental procedures
- View your Plan Summary
- View your claims
- Book an appointment
- Provider reviews and ratings
- View and save ID card

Vision Insurance

- View and save ID card
- Find a provider

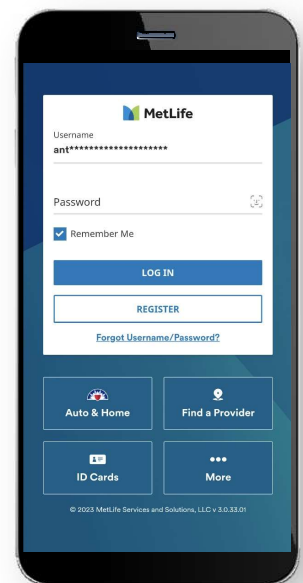
Disability Insurance

- View and update claim information
- Set up direct deposit for benefit payments

Legal Services

- Find an attorney
- View your plan/program details
- Get a case number

Plus, view your current coverage for Life Insurance,



**It is easy to get the
MetLife US Mobile app**

Search “MetLife” in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.



Need Technical Assistance? Contact Web Tech. 1-877-9MetWeb 1-877-963-8932
Hours of Operation: Mon-Fri, 8am - 11pm ET/7am - 10pm CT 6am - 9pm MT/5am - 8pm PT