How to access your Accident and Health Certificate of Insurance

What you need to know

Your coverage is effective on the date shown on the "Covered Person Specifications" page located at the beginning of the Certificate. Please note that other eligibility provisions may apply, please see your certificate for more details.

The MyBenefits website, www.metlife.com/mybenefits, is a quick and easy way for you to access and print your Certificate of Insurance.

Access your certificate online

Go to **www.metlife.com/mybenefits**, enter your company name and click 'submit.'

On the Home Page, click on **'Register Now'** and perform the one-time registration process, if you don't already have an account.

- Enter your first and last name, identifying data and email address
- Create a unique user name and password for future access to MyBenefits
- For security purposes, choose and answer three identity verification questions to be utilized in the event you forget your password
- Read and agree to the website's Terms of Use
- A confirmation of your registration will be sent to the email address you provided
- Once you have selected the applicable product, click on the **'Certificate Detail'** tab
- Click on the **'View My Most Recent Certificate or Schedule of Insurance'** link to download and print your certificate

Your Certificate contains the specific terms and provisions of your coverage. Please read carefully and maintain with your records.

If you have any questions, please feel free to call a MetLife Customer Service Representative toll-free at 1 800 GET-MET8 (1-800-438-6388).

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Navigating life together

Certificate of insurance terms and coverage details

What You will find within your certificate of insurance

- Definitions
- Schedule of Benefits
- Eligibility
- Health Screening Information
- Required Proof
- Exclusions

Benefits of registering online:

- Faster processing time
- Less paper waste
- Claims can be submitted 7 days a week
- Submit questions via email

MetLife Mobile App

Employees can also access claim information on-the-go. Our mobile app has many of the same features as the MyBenefits web portal — employees can view and edit details for claims and absences.

Download on the **App Store**   GET IT ON **Google Play**

Download the MetLife app from the iTunes App Store or Google Play

Before using the MetLife US App, you must register at www.metlife.com/mybenefits from a computer. Registration cannot be done from your mobile device.

Employees can register at http://mybenefits.metlife.com

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