MetLife | Dental Insurance

Find a Dental DHMO Provider

With MetLife Dental insurance, you can choose from thousands of general dentists and specialists nationwide. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.

Step 1:

Go to metlife.com

On your tablet, phone or computer, open your web browser and go to metlife.com.



Step 2:

Click "Find a Dentist"

Scroll down past the image on the top of the page to where it says, "How can we help you?". Once here, click on "Find a Dentist".



Step 3:

Choose your dental network

Click on "Dental HMO/Managed Care".



Step 4:

Provide your zip code

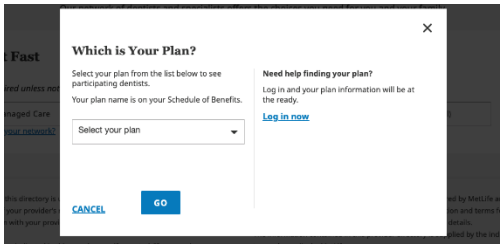
Type in your zip code, city or state in the field provided. Then click the "Find a Dentist" button.



Step 5:

Choose your plan and find a dental provider in your area

Select your plan from the drop-down list and click the "Go" button.



Dental Managed Care Plan benefits are provided by Metropolitan Life Insurance Company, a New York corporation in NY. Dental HMO plan benefits are provided by: SafeGuard Health Plans, Inc., a California corporation in CA; SafeGuard Health Plans, Inc., a Florida corporation in FL; SafeGuard Health Plans, Inc., a Texas corporation in TX; and MetLife Health Plans, Inc., a Delaware corporation and Metropolitan Life Insurance Company, a New York corporation in NJ. The Dental HMO/Managed Care companies are part of the MetLife family of companies.

"DHMO" is used to refer to product designs that may differ by state of residence of the enrollee, including but not limited to: "Specialized Health Care Service Plans" in California; "Prepaid Limited Health Service Organizations" as described in Chapter 636 of the Florida statutes in Florida; "Single Service Health Maintenance Organizations" in Texas; and "Dental Plan Organizations" as described in the Dental Plan Organization Act in New Jersey.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

MetLife

Navigating life together

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