



Create an Online Account for The Standard's Portal

Get Started

You will need the following items to create a new online account:

- A device with access to your email
- Your date of birth
- Your Social Security number *or* Employee ID number

Create an Account

Create an Account

Personal Information

All fields are required.

☐ Yes ☐ No

Login Information

You'll use this to log into your account.

Choose a user name following these requirements:

- 7-20 characters
- At least one letter
- No spaces
- No symbols or punctuation marks (@ \$, & # | % etc.)
- Cannot start with 0

Choose a password following these requirements:

- At least 10 characters
- A lowercase letter (like a)
- An uppercase letter (like A)
- A number and special character (like 1 and \$)

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[Continue](#) [Cancel](#)

1 Go to login.standard.com/register.

2 On the Create an Account page, enter personal information and create a username and password based on the instructions, then **Continue**.

- If you'd like to receive text alerts to manage your two-step verification during login, be sure to enter a mobile phone number.

† The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of Portland, Oregon, in all states except New York, where insurance products are offered by The Standard Life Insurance Company of New York of White Plains, New York.

Create an Account

Verify your email to activate your account.

You're almost done! To complete account setup, follow the link sent to [\[redacted\]](#) to activate your account.

The account activation link in the email will expire in 24 hours.

Having Problems?

If you do not see the email within a few minutes, check your spam or junk folder. If it's not there, you can [request a new link](#) or [contact us](#) for assistance.

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Once you **Continue**, you will see instructions to verify your email address to activate your account.



Your online account with The Standard has been created, but is not yet active. To activate it, please use the link below within 24 hours.

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ACTIVATE MY ACCOUNT

This link will expire in 24 hours.

You can then log in with your user name and password to complete your account setup.

Please do not reply.

This email address is not monitored for responses. If you need assistance or would like to report suspicious activity, please [contact us](#).

The Standard

Link not working? Copy and paste this into your browser:

<https://loginacc.standard.com/activate?challenge=sgQB4QeVh-3mrj5tLlYvMwOeoEiiC4o89Y4Zm9Q>

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Go to your email, open the Activate Your Online Account email from The Standard[†] and use the **ACTIVATE MY ACCOUNT** link within **24 hours to verify and activate your account.**

Welcome

Account created!

You may now log in to your account. Once logged in, please be sure to review terms and set up two-step verification for extra account security.

Log in for full account access

User Name

Password

Show

Log In

[Forgot user name?](#) | [Forgot password?](#)

Log in for Dental & Vision (ONLY)

Members

[If your employer is based outside of New York](#)

[If your employer is based in New York](#)

Employers

[If based outside of New York](#)

[If based in New York](#)

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That link will direct you to a log in page with a success message. Enter your username and password, and **Log In**.

Terms and Consent

Welcome. Your online account with The Standard provides access to our secure online services.

To continue, please read the following terms and conditions, then accept the agreement that follows these terms. If you do not agree, you will not be able to proceed.

Acceptance of Terms

By checking "I have read and agree to the Terms and Consent" you are consenting to the terms and conditions set forth in these Terms and Consent, as well as the Terms of Use and Privacy Policy that govern use of The Standard's web pages and apps (collectively the "Site"). Nothing in these Terms and Consent require The Standard to continue to provide the online services.

Additional Terms

The Standard may choose to offer different or additional online services in the future that it will provide under terms and conditions other than or in addition to those described in the Acceptance of Terms section and Consent to Electronic Transfers section. Therefore, as a condition of accessing or receiving those additional services, you may be asked to agree to different or additional terms and conditions.

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☐ I have read and agree to the Terms and Consent

Continue

[Cancel](#)

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After logging in, review the Terms and Consent statement, acknowledge **I have read and agree to the Terms and Consent** and then **Continue**.

Set up two-step verification

This is required for all accounts.

Two-step verification can help protect your account against fraud, unauthorized account access, and identity theft, even if someone else knows your password.

How two-step verification works

➡ Log in with your user name and password.

📧 We'll send you a code using the method you choose.

📞 Enter the code.

✅ That's it! Once you're logged in, you can choose to log in without requiring a code in the future.

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How do you want to receive codes?

Text messages and phone calls are only supported for US/Canadian phone numbers

☐ Via text to 50*****17

☐ Via email to br*****@standard.com

☐ Via phone to 50*****17

Continue

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Next, you'll set up an additional layer of security called two-step verification. This feature requires two things when you log in to access your account from an untrusted browser: something you know (your username and password) and something you have (your phone or computer).

- Select your preferred method to receive the two-step verification code and then **Continue**.

Add an extra layer of security

Check your phone.

We sent a text message to 50*****17 with your verification code.
Enter the six-digit code to verify this device is yours.

Six-digit code

8 [Continue](#)

Having problems? [Request a new code](#) or [contact us](#) for assistance.

8 Based on your selection, check your phone or email for the six-digit verification code, then enter the code to verify your device and **Continue**.

You're all set!

If you are the only user of this device, you may select to trust this browser and skip two-step verification on future visits.
Do not select this option if you're using a public computer that other people can use.

☐ Trust this browser

9 [Continue to My Home](#)

9 If you trust the device used to log in, select **Trust this browser** and **Continue to My Home**.

 **My Home**

If you don't see what you're expecting

Connect your account? ×

It looks like your account is not yet connected to any services. Would you like to connect your account to services available to you?

10 [Yes, Continue to Connect](#)

[Not Now](#)

10 In the **Connect your Account?** window, select **Yes, Continue to Connect**

Account Access

Add Services

Choose the type of services you're seeking and provide the additional information to connect your account. If you need more than one service, please choose one at a time and return to this page to add more.

☐ Retirement Account

☒ Insurance Benefits, Absences and Leaves 

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Provide your date of birth and then select an option to find your account. If you have questions, please reach out to your human resources contact.

Date of Birth * 

☐ Option 1

If your employer provides us with your Social Security

Social Security Number 

☐ Option 2

If your employer does not provide us with your Social Security number, an alternate way to find your account is with your policy number and employee identification number. You can find your policy number on your Group Insurance Certificate or reach out to your human resource contact.

Policy Number

Employee ID Number

☐ Option 3

If you have instructions to provide your group identification number, use this option.

Group ID Number

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Choose **Insurance Benefits, Absences and Leaves** and enter your identifying information:

- a. Enter your **Date of Birth**.
- b. In Option 1, enter your **Social Security number**.
- c. Or in Option 2, enter your employer's **Policy Number** and your **Employee ID Number**.
- d. Or in Option 3 enter your employer's **Group ID Number**.
- e. Add Services.

If you have questions about which option to use, please reach out to your HR Department.

Account Connected

 Your account is connected to your **Insurance Benefits, Absences and Leaves**.

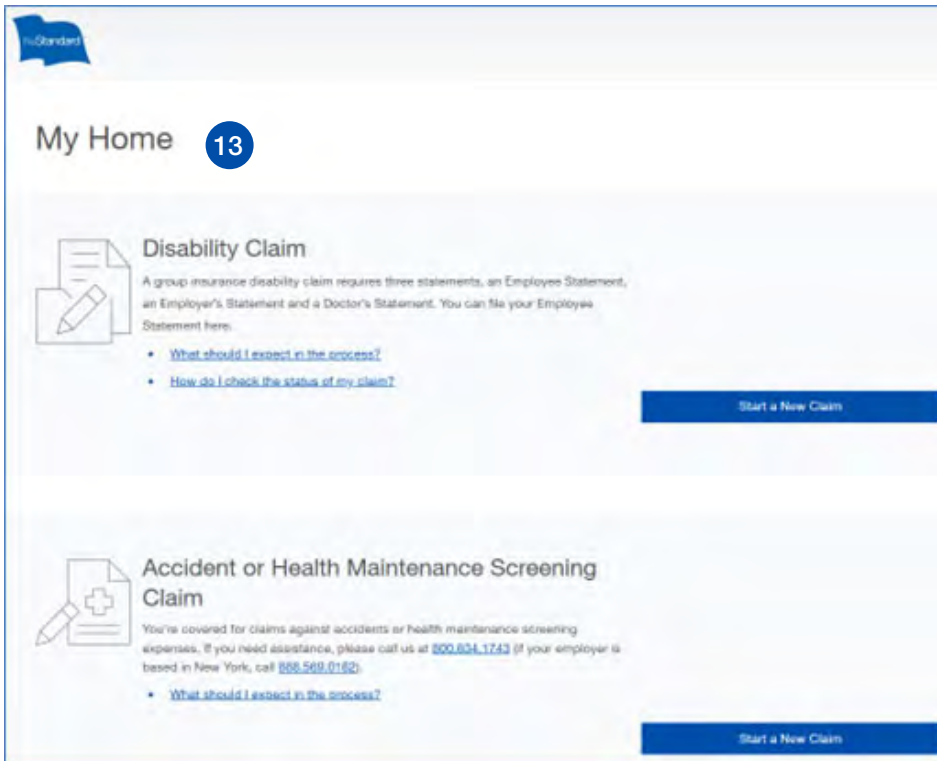
You can return to this Account Access page anytime for your profile menu if you need to add additional services.

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[Continue to My Home](#)

12

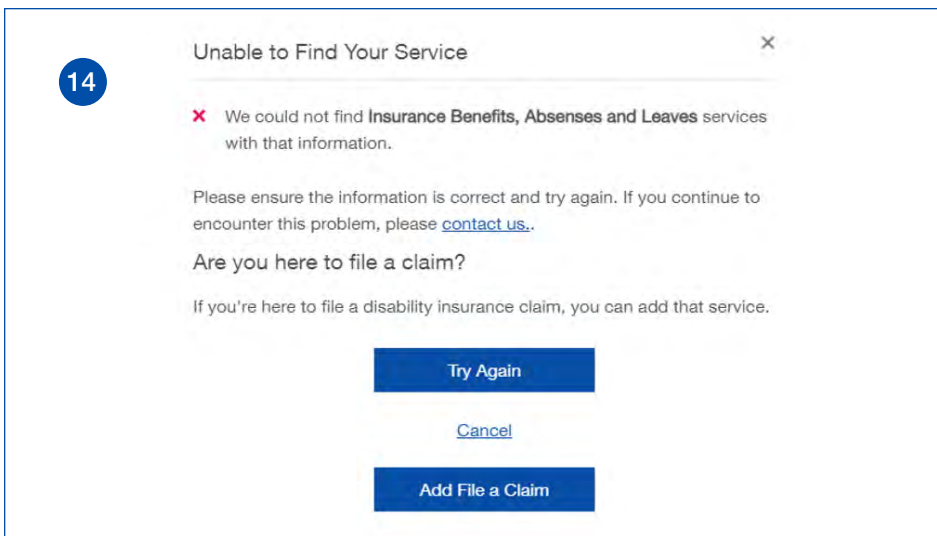
Once successfully connected, select **Continue to My Home**.



- 13 The **My Home** screen displays panels based on the services and benefits available to you.

When you are ready to report a claim, please select the applicable menu option.

Sample screen (actual screen may vary based on the available products and/or services)



- 14 **Troubleshooting or alternate path:** The **Unable to Find Your Service** window displays if the system is unable to match your information to your services and benefits.

- You can **Try Again** to go back to the **Account Access** page and re-enter your information or try another option.

IMPORTANT: If you are unable to connect to your service, please call or text the Contact Center at 888.937.4783.

† The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of 1100 SW Sixth Avenue, Portland, Oregon, in all states except New York, where insurance products are offered by The Standard Life Insurance Company of New York of 445 Hamilton Avenue, 11th Floor, White Plains, New York. Product features and availability vary by state and company, and are solely the responsibility of each subsidiary. Each company is solely responsible for its own financial condition. Standard Insurance Company is licensed to solicit insurance business in all states except New York. The Standard Life Insurance Company of New York is licensed to solicit insurance business in only the state of New York.