



No Wait. No Cost. No Hassle.

Frontier is now included at no extra cost for every PfISD employee and dependent enrolled in a PfISD medical plan, no matter which carrier or plan you choose. You get a dedicated Frontier Primary Care Provider who knows you by name.

Frontier removes barriers to care by providing:



Direct Access

Call, text, or message your PCP via the Frontier Health app. Virtual and in-person appointments available.



Quality Care

Comprehensive, whole-person care. Longer visits with your PCP.



Low Costs

\$0 costs for your PCP visits and \$0 costs for referrals coordinated by Frontier.

What's included



Primary Care

The heart of Frontier. Unlimited visits & unhurried time with a PCP who knows your history and is there when you need care most.



Continued Care

Your guide through out-of-clinic care. Your Frontier care team books it, coordinates payment, sends records and follows up.



Medication Management

Everyday, urgent and specialty prescriptions made simple, so you never worry about access or cost at the pharmacy counter.

Scan the QR codes to view the list of **available generic medications**.



Chronic Medications



Urgent Medications

WHAT YOU PAY

Every visit, every referral and every prescription coordinated by Frontier

\$0

Primary Care

\$0

Continued Care

\$0

Medication Management



Frontier does not replace your medical plan. It works alongside it. Your carrier is still available to cover emergency situations, while Frontier helps you avoid unnecessary out-of-pocket costs for primary care and specialist needs.





What care with Frontier looks like.

How Frontier compares to traditional primary care

	FRONTIER DIRECT	TRADITIONAL CARE (US AVG)
Scheduling	As soon as Same/Next Day	25+ Days
Avg. time with your Provider	45 Minutes	5-6 Minutes
Wait time	0-2 Minutes	Up to 3 hours
PCP availability	24/7	Office Hours Only

What can my Frontier PCP assist with in clinic?

- ✓ Preventive care & annual physicals
- ✓ Well women exams
- ✓ Pediatric & children visits
- ✓ Sick visits
- ✓ Testing/labs (strep, flu, urinalysis)
- ✓ Allergies
- ✓ Sinus congestion
- ✓ Headache
- ✓ Skin rash
- ✓ Referrals to specialists
- ✓ Rx (prescriptions and refills)
- ✓ Sports physicals
- ✓ Weight management
- ✓ Mental health
- ✓ Sleep problems
- ✓ Muscle strain/sprain
- ✓ Skin tag removal
- ✓ Basic stitches

And more. If you are not sure whether Frontier can help, ask your Frontier PCP.



\$0 costs for referrals coordinated by Frontier. When your Frontier PCP determines you need care beyond the clinic, ask Frontier to coordinate the referral so it is handled for you.



Getting Started is Simple

1

Enroll in a PfISD Health Plan

Included for you and any dependents enrolled in a PfISD health plan.

2

Open Your Welcome Email

Watch for an email with your PCP's name, contact info, and a quick-start guide.

3

Book Your First Visit

Schedule online or by phone. All visits are \$0 out-of-pocket.

4

Experience World-Class Care

Enjoy unhurried, personalized care from your dedicated team.

Frontier clinic locations

Your designated clinic is the one closest to where you live.



Pflugerville

1300 W Pflugerville Pkwy
Pflugerville, TX 78660



Austin

11521 N. FM 620 #850
Austin, TX 78726

Ways to schedule



Frontier Health app

Download the app from the App Store or Google Play, then request a visit.



Contact your PCP

Call or text the cell phone number you receive in your Frontier welcome email.



Member Services

Call **956-983-9272** and our team can schedule your visit.



YOUR CARE. ONE TAP AWAY.

Message your PCP, view your lab results, and book appointments with one tap. Access all your healthcare needs right from your pocket.

DOWNLOAD THE FRONTIER APP



App Store



Google Play

Search Frontier Health, or scan a code above.



FrontierDirect.com