# Less stress

## Aetna Hospital Indemnity Plan

### Be prepared for what lies ahead

Maybe you're expecting to have a hospital stay — or maybe not. Either way, you can plan ahead to give yourself an extra financial cushion.

### What is the Hospital Indemnity Plan?

The insurance plan pays benefits when you have a planned, or unplanned hospital stay for an illness, injury, surgery or having a baby. The plan pays a lump-sum benefit for admission and a daily benefit for a covered hospital stay. You can use the benefits to help pay out-of-pocket medical costs or personal expenses.

### How is this different from a major medical plan?

Medical plans help pay providers for services and treatment. But, they don't cover unexpected costs that might come with a stay in the hospital.

The Aetna Hospital Indemnity Plan pays benefits directly to **you**, giving you extra cash when you need it most. It can help fill in the gaps, making it a great companion to your major medical plan.

### How can you use the cash benefits?

It's completely up to you. You can use the money any way you want, like:

- Deductibles or copays
- Mortgage or rent
- Groceries or utility bills

... or for anything else you choose.

### Easy to use

Online tools make it easy to manage your plan. File a claim in about 90 seconds or less if you have a covered stay in a hospital. And, benefits get paid directly to you by check or direct deposit.

The Aetna Hospital Indemnity Plan is underwritten by Aetna Life Insurance Company (Aetna).



Aetna.com 57.03.509.1 (02/21)

### **Because it happens**

More than 35 million Americans were hospitalized in 2016<sup>1</sup>. The average hospital stay in the U.S. costs \$10,700<sup>2</sup>.



### Ready...or not

Carter\* is a hard worker, so he doesn't always slow down to listen to his body. Before he knew it, a little cough turned into pneumonia — and a hospital stay.

Good thing he had the Aetna Hospital Indemnity Plan. He filed his claim and the benefits were deposited right into his bank account.

That money helped make up for the time he missed while recovering, and paid some of his deductible. Now, he can focus more on his health.

### A Simplified Claims Experience™

Register on the **My Aetna Supplemental** app or on the member portal at **Myaetnasupplemental.com** to view plan documents, submit and track claims, and sign up for direct deposit.

Filing a claim is easy! Click "Report New Claim", answer a few quick questions, and upload or take a picture of your medical bill. You can also print and mail a paper claim form to Aetna Voluntary Plans.



<sup>1</sup>American Hospital Association. Fast facts on U.S. hospitals, 2018. February 2018. Available at: aha.org/research/rc/stat-studies/fastfacts.shtml. Accessed April 25, 2018.

<sup>2</sup>Michaels M. The 35 most expensive reasons you might have to visit a hospital in the US — and how much it costs if you do. Business Insider. March 1, 2018. Available at:

businessinsider.com/most-expensive-health-conditions-hospitalcosts-2018-2. Accessed April 25, 2018. \*This is a fictional example of how the plan could work.

### THIS PLAN DOES NOT COUNT AS MINIMUM ESSENTIAL COVERAGE UNDER THE AFFORDABLE CARE ACT. THIS IS A SUPPLEMENT TO HEALTH INSURANCE AND IS NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE.

The Aetna Hospital Indemnity Plan is a hospital confinement indemnity plan. This insurance plan provides limited benefits. It pays fixed dollar benefits for covered services without regard to the health care provider's actual charges. The benefits payments are not intended to cover the full cost of medical care. You are responsible for making sure the provider's bills get paid. These benefits are paid in addition to any other health coverage you may have. This material is for information only. Insurance plans contain exclusions and limitations. Not all health services are covered, and coverage is subject to applicable laws and regulations, including economic and trade sanctions. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features, rates, eligibility and availability may vary by location and are subject to change. For more information about Aetna plans, refer to **Aetna.com.** 

**Policy forms issued in Missouri and Oklahoma include:** GR-96172 01, AL VOL HPOL-Hosp 01 and AL VOL HCOC-Hosp 01.



## **BENEFIT SUMMARY**

### **Waco Independent School District**

802828

### **Aetna Hospital Indemnity**

Insurance plans are underwritten by Aetna Life Insurance Company.

### Here's how the plan works:



Unless otherwise indicated, all benefits and limitations are per covered person.

The Aetna Hospital Indemnity Plan is a hospital confinement indemnity plan with other fixed indemnity benefits. THESE PLANS DO NOT COUNT AS MINIMUM ESSENTIAL COVERAGE UNDER THE AFFORDABLE CARE ACT. THESE PLANS ARE A SUPPLEMENT TO HEALTH INSURANCE AND ARE NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE. These plans provide limited benefits. They pay fixed dollar benefits for covered services without regard to the health care provider's actual charges. These benefit payments are not intended to cover the full cost of medical care. You are responsible for making sure the provider's bills get paid. These benefits are paid in addition to any other health coverage you may have.

THIS IS NOT A MEDICARE SUPPLEMENT (MEDIGAP) PLAN. If you are or will become eligible for Medicare, review the free Guide to Health Insurance for People with Medicare available at **www.medicare.gov**.

This policy, alone, does not meet Massachusetts Minimum Creditable Coverage standards.

### **Inpatient Stays**

Covered Benefit	Low	High
Hospital stay - Admission	\$1,000	\$1,500
Provides a lump sum benefit for the initial day of your stay in a hospital.		
Maximum 1 stay per plan year		
<b>Hospital stay - Daily</b> Pays a daily benefit, beginning on day two of your stay in a non-ICU room of a hospital.	\$100	\$150
Maximum 30 days per plan year		
<b>Hospital stay - (ICU) Daily</b> Pays a daily benefit, beginning on day two of your stay in an ICU room of a hospital.	\$200	\$300
Maximum 30 days per plan year		
<b>Newborn routine care</b> Provides a lump-sum benefit after the birth of your newborn. This will not pay for an outpatient birth.	\$100	\$200
<b>Observation unit</b> Provides a lump sum benefit for the initial day of your stay in an observation unit as the result of an illness or accidental injury.	\$100	\$200
Maximum 1 day per plan year		
<b>Substance abuse stay - Daily</b> Pays a daily benefit for each day you have a stay in a hospital or substance abuse treatment facility for the treatment of substance abuse.	\$100	\$150
Maximum 30 days per plan year		
<b>Mental disorder stay - Daily</b> Pays a daily benefit for each day you have a stay in a hospital or mental disorder treatment facility for the treatment of mental disorders.	\$100	\$150
Maximum 30 days per plan year		
<b>Rehabilitation unit stay - Daily</b> Pays a benefit each day of your stay in a rehabilitation unit immediately after your hospital stay due to an illness or accidental injury.	\$50	\$75
Maximum 30 days per plan year		

### Important Note:

 $\dot{\rm All}$  daily inpatient stay benefits begin on day two and count toward the plan year maximum .



Rates shown are based on monthly deductions. Your payroll deductions will be taken after taxes are taken.

Hospital Indemnity Plan You may enroll in one option only.			
Low	<u>Cost</u>	High	Cost
Yourself only	\$16.52	Yourself only	\$25.02
Yourself & spouse	\$34.19	Yourself & spouse	\$51.63
Yourself plus child(ren)	\$25.89	Yourself plus child(ren)	\$39.22
Yourself and family	\$40.77	Yourself and family	\$61.70

### THESE PLANS DO NOT COUNT AS MINIMUM ESSENTIAL COVERAGE UNDER THE AFFORDABLE CARE ACT. THESE ARE A SUPPLEMENT TO HEALTH INSURANCE AND NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE.

**Plans are underwritten by Aetna Life Insurance Company (Aetna)**. Insurance plans contain exclusions and limitations. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Policies may not be available in all states, and rates and benefits may vary by location. Supplemental health plans provide limited benefits. The benefit payments are not intended to cover the full cost of medical care. Providers are independent contractors and are not agents of Aetna. This material is for information only and is not an offer or invitation to contract. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to <u>www.aetna.com</u>.

### Waiver of premium

If you are in a hospital for more than 30 days in a row, we will waive the premium beginning on the first premium due date that occurs after the 30th day of your stay, through the next 6 months of coverage. During your stay, you must remain employed with the policyholder.

### **Exclusions and Limitations**

This plan has exclusions and limitations. Refer to the actual policy and certificate to determine which benefits are not payable. The following is a partial list of services and supplies that are generally not covered. However, the plan may contain exceptions to this list based on state mandates or the plan design purchased.

Benefits will not be paid for any stay or other service for an illness or accidental injury related to the following:

- 1. Certain competitive or recreational activities, including but not limited to: ballooning, bungee jumping, parachuting, skydiving;
- 2. Any semi-professional or professional competitive athletic contest, including officiating or coaching, for which you receive any payment;
- 3. Act of war, riot, war;
- 4. Operating, learning to operate or serving as a pilot or crew member of any aircraft, whether motorized or not;
- 5. Assault, felony, illegal occupation, or other criminal act;
- 6. Care provided by a spouse, parent, child, sibling or any other household member;
- 7. Cosmetic services and plastic surgery, with certain exceptions;
- 8. Custodial Care;
- 9. Hospice services, except as specifically provided in the Benefits under your plan section of the certificate;
- 10. Self-harm, suicide, except when resulting from a diagnosed disorder;
- 11. Violating any cellular device use laws of the state in which the accident occurred, while operating a motor vehicle;
- 12. Care or services received outside the United States or its territories;
- 13. Education, training or retraining services or testing;
- 14. Accidental injury sustained while intoxicated or under the influence of any drug intoxicant;
- 15. Exams except as specifically provided in the Benefits under your plan section of the certificate;
- 16. Dental and orthodontic care and treatment;
- 17. Family planning services;
- 18. Any care, prescription drugs, and medicines related to infertility;
- 19. Nutritional supplements, including but not limited to: food items, infant formulas, vitamins;
- 20. Outpatient cognitive rehabilitation, physical therapy, occupational therapy, or speech therapy for any reason;
- 21. Vision-related care

### Portability

Your plan includes a option portability which allows you to keep your existing coverage by making direct payments to the carrier. You may exercise this option portability, if your employment ceases for any reason. Refer to your Certificate for additional provisions.