Teladoc
HEALTH

Get started with Teladoc Health

It's quick and easy to set up your account online. Simply visit the Teladoc Health website, click "Get started" or "Sign up," and then follow the instructions below.

1 Confirm benefits

Provide some information about yourself to confirm your eligibility.

Tell us about you

Enter your information just as it appears on your health insurance card or pay stub.

* Required

First Name*

Last Name*

Email*

Country*

ZIP code*

Sex assigned at birth*

Month of birth*   Day*   Year*
MM   DD   YYYY

☐ I received a Teladoc code from my employer or insurance company

Next

2 Find your coverage

You may see one of these two screens, but both will effectively get you started.

We found a match!

These care options are available with your coverage.

◉ **Staged Eli Primary Staged Eli Dependent Card.**
   • General Medical

Is this incorrect? Add new coverage or call us at 1-800-835-2362

Next

Confirm the coverage that has been matched to you.

Select your health insurance

* Required

Insurance company*

🔍 Name of insurance company ▾

No insurance? You can also pay per visit.

Next

Pick your health plan from the drop-down menu and enter your health plan ID.

Teladoc. HEALTH

3 Create account

Enter your contact information, username, password and security questions.

Finish creating your account

*Required

Create your username and password*

Username*

Password*

Confirm password*

Enter your information*

Address*

Address line 2 (Optional)

City*

Country*

State*

ZIP code*

Secure your account*

Security question 1*

Select

Answer 1*

Security question 2*

Select

Answer 2*

Security question 3*

Select

Answer 3*

Visit preferences*

Country

Preferred Phone Number*

Preferred language for visits*

☐ TTY relay service needed (hard-of-hearing, speech impairment, or similar)

How did you learn about Teladoc?

Select

☐ I accept Teladoc's **Notice of Privacy Practices, Terms of Service** and **Notice of Nondiscrimination and Language Assistance**.

Create account

Once your account is created, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to create their own account.

Set up your Teladoc Health account today

Visit TeladocHealth.com **|** Call 1-800-835-2362 **|** Download the app |