

Mesquite ISD: PPOA Plan

Coverage for: Individual + Family | Plan Type: PPO

Coverage Period: 09/01/2023-08/31/2024

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit myblueelementil.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-855-760-3135 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred provider: \$1,000 individual / \$3,000 family Nonpreferred provider: \$2,000 individual / \$6,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Services that charge a copayment, prescription drugs, and certain preventive care are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	Yes. \$200 prescription drug <u>deductible</u> . Does not apply to generic drugs. There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Preferred provider: \$7,900 individual / \$15,800 family Nonpreferred provider: \$23,700 individual / \$47,400 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, precertification penalties, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>myblueelementil.com</u> or call 1-855-760-3135 for a list of <u>preferred</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	Limitations, Exceptions, & Other		
Common Medical Event	Services You May Need	Preferred Provider Nonpreferred Prov (You will pay the least) (You will pay the m		Important Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> / office and virtual visit <u>deductible</u> does not apply	40% <u>coinsurance</u> after <u>deductible</u>	Includes Internist, General Physician, Family Practitioner, Pediatrician, Behavioral Health Physicians, or Gynecologist.	
	Specialist visit	\$70 copay / office and virtual visit deductible does not apply	40% <u>coinsurance</u> after <u>deductible</u>	None.	
	Preventive care/screening/ immunization	No charge <u>deductible</u> does not apply	40% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. 1 per <u>plan</u> year for hearing and eye exam.	
If you have a test	Diagnostic test (x-ray, blood work)	Lab: No charge deductible does not apply X-ray: 20% coinsurance after deductible	40% <u>coinsurance</u> after <u>deductible</u>	Outpatient lab/x-ray services performed at a hospital apply 20% coinsurance after deductible.	
	Imaging (CT/PET scans, MRIs)	\$100 <u>copay</u> / procedure, then 20% <u>coinsurance</u> after <u>deductible</u>	\$100 copay / procedure, then 40% coinsurance after deductible	Precertification is required for some imaging.	

	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Need Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.primetherapeutics.com	Generic drugs	Copay per prescription (deductible does not apply) \$20 (Retail), \$45 (Mail Order and Extended Supply Network - "ESN")	Member pays additional 20% of the allowable amount plus copay	Covers 31-day supply (Retail), 60-90 day
	Preferred brand drugs	25% <u>coinsurance</u> after specific <u>deductible</u> per prescription; minimum \$40, maximum \$80 (Retail), minimum \$105, maximum \$210 (Mail Order and ESN)	Member pays additional 20% of the allowable amount plus coinsurance	supply (Mail Order). Includes contraceptive drugs and devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives (preferred pharmacy). Precertification and step therapy required.
	Non-preferred brand drugs	50% <u>coinsurance</u> after specific <u>deductible</u> per prescription; minimum \$100, maximum \$200 (Retail), minimum \$215, maximum \$430 (Mail Order and ESN)	Member pays additional 20% of the allowable amount plus coinsurance	Cost will be higher for choosing Brand over Generic unless prescribed Dispense as Written.
	Specialty drugs	30% coinsurance after specific deductible per prescription; minimum \$200, maximum \$900 (specialty pharmacy only)	Not Covered	Specialty drugs must be obtained from preferred specialty pharmacy provider. Retail not covered. 31-day supply limit. Medical specialty drugs including chemo drugs require precertification.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$150 <u>copay</u> / visit, plus 20% <u>coinsurance</u> after <u>deductible</u>	\$150 <u>copay</u> / visit, plus 40% <u>coinsurance</u> after <u>deductible</u>	Precertification is required for some procedures.
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Includes office surgery.

Common Medical Services You Ma		What You	Will Pay	Limitations, Exceptions, & Other Important
Event	Need Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information
If you need immediate medical attention	Emergency room care	Facility Charges: \$250 copay / visit, then 20% coinsurance after deductible Physician Charges: 20% coinsurance after deductible	Preferred provider benefit applies	60% coinsurance after deductible for non-emergency use when utilizing a nonpreferred provider. Freestanding emergency room visits for an emergency: \$500 copay per visit, then 20% coinsurance after deductible. Freestanding emergency room visits for a non-emergency: \$500 copay per visit, then 20% coinsurance after deductible when a preferred provider is utilized and \$500 copay per visit, then 40% coinsurance after deductible when a nonpreferred provider is utilized.
	Emergency medical transportation	20% <u>coinsurance</u> after <u>deductible</u>	Preferred provider benefit applies	Ground and air transportation covered.
	Urgent care	\$50 <u>copay</u> / visit <u>deductible</u> does not apply	40% <u>coinsurance</u> after <u>deductible</u>	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$150 <u>copay</u> / day for first 5 days plus 20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Precertification is required. Maximum of \$500 per day for nonpreferred facilities. For preferred facilities, per admission copay max of \$750 applies and \$2,250 max per plan year.
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	None.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$30 copay / office visit and virtual visit deductible does not apply 20% coinsurance for all other outpatient services	40% <u>coinsurance</u> after <u>deductible</u>	None.
	Inpatient services	\$150 <u>copay</u> / day for first 5 days plus 20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Precertification is required. Maximum of \$500 per day for nonpreferred facilities. For preferred facilities, per admission copay max of \$750 applies and \$2,250 max per plan year.

Common Medical	Sarvisas Vau May	What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information	
	Office visits	\$30 <u>copay</u> / visit <u>deductible</u> does not apply	40% <u>coinsurance</u> after <u>deductible</u>	Cost sharing does not apply for preventive services. Depending on the type of services, a	
	Childbirth/delivery professional services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	copay, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery facility services	\$150 <u>copay</u> / day for first 5 days plus 20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Precertification is required for stays longer than 48/96 hours. Member pays the balance of covered charges over \$500 per day for nonpreferred facilities. For preferred facilities, per admission copay max of \$750 applies and \$2,250 max per plan year	
	Home health care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Limited to 60 visits per plan year. Precertification is required.	
If you need help recovering or have other special health needs	Rehabilitation services	Facility: 20% coinsurance after deductible Professional: \$70 copay / visit; deductible does not apply	40% <u>coinsurance</u> after <u>deductible</u>	This includes physical therapy, occupational	
	Habilitation services	Facility: 20% coinsurance after deductible Professional: \$70 copay / visit; deductible does not apply	40% <u>coinsurance</u> after <u>deductible</u>	therapy, and speech therapy.	
	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Limited to 25 days per plan year. Precertification is required. Member pays the balance of charge in excess of \$500 per day when utilizing a nonpreferred skilled nursing care.	
	Durable medical equipment	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Limited to 1 durable medical equipment for same/similar purpose. Excludes repairs for misuse/abuse. Precertification is required for DME over \$2,500.	
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Precertification is required for Home Hospice.	

Common Medical		What You	ı Will Pay	Limitations, Exceptions, & Other Important
Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information
If your child needs dental or eye care	Children's eye exam	\$70 <u>copay</u> / visit <u>deductible</u> does not apply	40% <u>coinsurance</u> after <u>deductible</u>	None.
	Children's glasses	Not Covered	Not Covered	None.
	Children's dental check-up	Not Covered	Not Covered	None.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Children)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care (with exception of person with diagnosis of diabetes)
- Weight loss programs (except for required preventive services)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (in lieu of anesthesia and nausea during pregnancy)
- Bariatric surgery (Blue Distinction Center or Blue Distinction Center + only)
- Chiropractic care (35 visits per plan year)

- Hearing aids (\$1,000 maximum/36 months for members age 19 and older)
- Infertility treatment (limited to the diagnosis & treatment of underlying medical condition)
- Private-duty nursing
- Routine eye care (Adult, 1 routine eye exam per plan year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the Texas Department of Insurance's Consumer Health Assistance Program at 1-800-252-3439 or visit www.texashealthoptions.com.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-760-3135.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-760-3135.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-760-3135.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-760-3135.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,000
■ Specialist copayment	\$70
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,000	
Copayments	\$200	
Coinsurance	\$2,000	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,260	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,000
Specialist copayment	\$70
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,000	
Copayments	\$500	
Coinsurance	\$1,500	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$3,200	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copayment	\$70
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (*x-ray*)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$1,000
Copayments	\$700
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,800

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.