

Mesquite ISD: EPO Low Plan

Coverage for: Individual + Family | Plan Type: EPO

Coverage Period: 09/01/2024-08/31/2025

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit myblueelementil.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-855-760-3135 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,500 individual / \$5,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Services that charge a copayment, prescription drugs, and in-network preventive care and diagnostic tests are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,150 individual / \$16,300 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>myblueelementil.com</u> or call 1-855-760-3135 for a list of <u>preferred providers</u> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	Services You May Need	What You Wi	Limitations, Exceptions, & Other	
Common Medical Event		Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> / office and virtual visit <u>deductible</u> does not apply	Not Covered	Includes Internist, General Physician, Family Practitioner, Pediatrician, Behavioral Health Physicians, or Gynecologist. Teladoc: \$12 copay deductible does not apply.
If you visit a health care provider's office or clinic	Specialist visit	\$70 copay / office and virtual visit deductible does not apply	Not Covered	None.
	Preventive care/screening/ immunization	No charge deductible does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. Limit 1 per plan year for hearing and eye exam.
If you have a test	Diagnostic test (x-ray, blood work)	Lab and Xray in Office: No charge deductible does not apply Independent Lab: No charge deductible does not apply Outpatient Hospital Lab: 30% coinsurance after deductible All other X-rays: 30% coinsurance after deductible	Not Covered	None.
	Imaging (CT/PET scans, MRIs)	30% coinsurance after deductible	Not Covered	Diagnostic imaging of the breast (including diagnostic mammogram, ultrasound imaging, MRI or CT Scan) No charge deductible does not apply Preauthorization is required for some imaging. If you don't get preauthorization, benefits could be reduced by \$250.

	Services You May	What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.primetherapeutics.com If you have outpatient surgery	Generic drugs	Copay per prescription deductible does not apply \$15 (Retail), \$45 (Mail Order), and \$15 (Extended Supply Network - "ESN")	Not Covered	Covers 31-day supply (Retail), 32-90 day supply (Mail Order). Includes contraceptive drugs and devices obtainable from a pharmacy. Copay, coinsurance and deductible do not
	Preferred brand drugs	30% <u>coinsurance</u> after <u>deductible</u> (Retail, Mail Order and Extended Supply Network "ESN")	Not Covered	apply to preventive drugs required by the Affordable Care Act including preferred generic FDA-approved women's contraceptives (preferred pharmacy).
	Non-preferred brand drugs	50% coinsurance after deductible (Retail, Mail Order and Extended Supply Network "ESN")	Not Covered	Precertification and step therapy required. If you purchase a brand name drug when the physician has indicated a generic drug can be dispensed, you must pay difference in
	Specialty drugs	30% coinsurance after deductible (specialty pharmacy only)	Not Covered.	cost. Specialty drugs must be obtained from preferred specialty pharmacy provider. Retail not covered. 31-day supply limit. Medical specialty drugs including chemotherapy drugs require precertification.
	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Preauthorization is required for some procedures. If you don't get preauthorization, benefits could be reduced by \$250.
	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Includes office surgery.

		What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate medical attention	Emergency room care	Hospital 30% coinsurance after deductible; Freestanding emergency room \$500 copay per visit after deductible, then 30% coinsurance	Preferred provider benefit applies	Non-emergency <u>preferred provider</u> Freestanding emergency room visit \$500 <u>copay</u> per visit after <u>deductible</u> , then 30% <u>coinsurance</u> ; Non-emergency <u>nonpreferred provider</u> Hospital 50% <u>coinsurance</u> after <u>deductible</u> ; Non-emergency <u>nonpreferred provider</u> Freestanding emergency room visit \$500 <u>copay</u> per visit after <u>deductible</u> , then 50% <u>coinsurance</u> .
	Emergency medical transportation	30% <u>coinsurance</u> after <u>deductible</u>	Preferred provider benefit applies	Ground and air transportation covered.
	Urgent care	\$50 copay deductible does not apply	Not Covered	None.
If you have a hospital stay If you need mental health, behavioral health, or substance abuse services	Facility fee (e.g., hospital room)	30% coinsurance after deductible	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$250.
	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	None.
	Outpatient services	\$30 copay / office visit and virtual visit deductible does not apply 30% coinsurance after deductible for other outpatient services	Not Covered	None.
	Inpatient services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.

	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information
	Office visits	\$30/\$70 copay / visit deductible does not apply	Not Covered	Cost sharing does not apply for preventive services. Depending on the type of services, a copay, coinsurance, or deductible may apply.
If you are pregnant	Childbirth/delivery professional services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services	30% coinsurance after deductible	Not Covered	Preauthorization is required for stays longer than 48/96 hours. If you don't get preauthorization, benefits could be reduced by \$250.
	Home health care	30% coinsurance after deductible	Not Covered	Limited to 60 visits per plan year. Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.
If you need help recovering or have other special health needs	Rehabilitation services	Facility: 30% coinsurance after deductible Professional: \$30 copay / visit deductible does not apply	Not Covered	This includes physical therapy, occupational
	Habilitation services	Facility: 30% coinsurance after deductible Professional: \$30 copay / visit deductible does not apply	Not Covered	therapy, and speech therapy.
	Skilled nursing care	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Limited to 25 days per plan year. Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.

Common Medical Event	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs (continued)	Durable medical equipment	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Limited to 1 durable medical equipment for same/similar purpose. Excludes repairs for misuse/abuse. Preauthorization is required for equipment costing more than \$2,500. If you don't get preauthorization, benefits could be reduced by \$250.
, ,	Hospice services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$250.
	Children's eye exam	\$70 copay deductible does not apply	Not Covered	One routine eye exam per plan year if performed by an ophthalmologist or optometrist.
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None.
	Children's dental check-up	Not Covered	Not Covered	None.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Children)

- Long-term care
- Routine foot care (with exception of person with diagnosis of diabetes)
- Weight loss programs (except for required preventive services)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (in lieu of anesthesia and nausea during pregnancy)
- Bariatric surgery (Blue Distinction Center or Blue Distinction Center + only)
- Chiropractic care (35 visits per plan year)

- Hearing aids (\$1,000 maximum/36 months for members age 19 and older)
- Infertility treatment (limited to the diagnosis & treatment of underlying medical condition)
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult, 1 routine eye exam per plan year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the Texas Department of Insurance's Consumer Health Assistance Program at 1-800-252-3439 or visit www.texashealthoptions.com.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-760-3135.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-760-3135.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-760-3135.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-760-3135.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist copayment	\$70
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,500	
Copayments	\$40	
Coinsurance	\$3,000	
What isn't covered		
Limits or exclusions	\$100	
The total Peg would pay is	\$5,640	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2,500
■ Specialist copayment	\$70
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,500		
Copayments	\$400		
Coinsurance	\$700		
What isn't covered			
Limits or exclusions	\$200		
The total Joe would pay is	\$3,800		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist copayment	\$70
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,100		
Copayments	\$200		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$2,300		

The plan would be responsible for the other costs of these EXAMPLE covered services.