

Mesquite ISD: HPN High Deductible Health Plan (Plan 2)

Coverage for: Individual + Family | Plan Type: EPO HDHP

Coverage Period: 09/01/2025-08/31/2026

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit myblueelementil.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-855-760-3135 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<b>\$3,300</b> individual / <b>\$6,600</b> family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Certain <u>preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$7,050</b> individual / <b>\$14,100</b> family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, precertification penalties, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>myblueelementil.com</u> or call 1-855-760-3135 for a list of <u>preferred providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay		Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information	
If you visit a health care	Primary care visit to treat an injury or illness	30% coinsurance after deductible	Not Covered	MEHC On-Site Clinic (in-person or virtual): \$15 copay deductible does not apply. Includes Internist, General Physician, Family Practitioner, Pediatrician, Behavioral Health Physicians, or Gynecologist. Includes virtual visits. Teladoc: 30% coinsurance after deductible. The consult fee of \$42 will apply towards the deductible.	
provider's office or clinic	Specialist visit	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Includes virtual visits.	
	Preventive care/screening/immunization	No charge deductible does not apply	Not Covered	MEHC On-Site Clinic: No charge deductible does not apply. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Limit 1 per plan year for hearing exam.	
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance after deductible	Not Covered	None.	
	Imaging (CT/PET scans, MRIs)	30% coinsurance after deductible	Not Covered	Preauthorization is required for MRI/MRA/PET Scans. If you don't get preauthorization, benefits could be reduced by \$250.	

	Services You May	What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Sommon Medical Event Need Need		Nonpreferred Provider (You will pay the most)	Important Information	
	Generic drugs	20% coinsurance after deductible (Retail, Mail Order and Extended Supply Network "ESN")	Not Covered	Covers 30-day supply (Retail), 31-90 day supply (Mail Order and Extended Supply Network). Includes contraceptive drugs and devices obtainable from a pharmacy.  Coinsurance and deductible do not apply to preventive drugs required by the Affordable Care Act including preferred generic FDA-approved women's contraceptives (participating pharmacy).  Precertification and step therapy required. If you purchase a brand name drug when the physician has indicated a generic drug can be dispensed, you must pay difference in cost.  If a nonparticipating pharmacy is used, you will be responsible for the copay, plus the difference in cost between the participating pharmacy and nonparticipating pharmacy.	
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	25% coinsurance after deductible (Retail, Mail Order and Extended Supply Network "ESN")	Not Covered		
prescription drug coverage is available at www.primetherapeutics.com	Non-preferred brand drugs	50% coinsurance after deductible (Retail, Mail Order and Extended Supply Network "ESN")	Not Covered		
	Specialty drugs	20% coinsurance after deductible (specialty pharmacy only)	Not Covered	Specialty drugs must be obtained from participating specialty pharmacy provider. Retail not covered. 30-day supply limit. Medical specialty drugs including chemotherapy drugs require precertification. CVS is not a participating pharmacy.	
If you have outpatient cer surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Preauthorization is required for some procedures. If you don't get preauthorization, benefits could be reduced by \$250.	
	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Includes office surgery.	

	Camilaga Vay May	What You Will Pay		Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information	
If you wood income dista	Emergency room care	30% <u>coinsurance</u> after <u>deductible</u>	Preferred provider benefit applies	Freestanding emergency room and non-emergency room care \$500 copay per visit then 30% coinsurance after deductible.	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance after deductible	Preferred provider benefit applies	Ground and air transportation covered.	
	<u>Urgent care</u>	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	None.	
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.	
stay	Physician/surgeon fees	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	None.	
If you need mental health, behavioral	Outpatient services	30% coinsurance after deductible	Not Covered	Includes virtual visits.	
health, or substance abuse services	Inpatient services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$250.	
	Office visits	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Cost sharing does not apply for preventive services. Depending on the type of services, a coinsurance or deductible may apply. Maternity	
If you are pregnant	Childbirth/delivery professional services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
	Childbirth/delivery facility services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Preauthorization is required for stays longer than 48/96 hours. If you don't get preauthorization, benefits could be reduced by \$250.	
If you need help recovering or have other special health	Home health care	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Limited to 60 visits per plan year.  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.	
needs	Rehabilitation services	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	This includes physical therapy, occupational therapy, and speech therapy.	

	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Need Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information
	Habilitation services	30% coinsurance after deductible	Not Covered	This includes physical therapy, occupational therapy, and speech therapy.
If you need help	Skilled nursing care	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Limited to 25 days per plan year.  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.
recovering or have other special health needs (continued)	Durable medical equipment	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	Excludes repairs for misuse/abuse.  Preauthorization is required for equipment costing more than \$2,500. If you don't get preauthorization, benefits could be reduced by \$250.
	Hospice services	30% coinsurance after deductible	Not Covered	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$250.
	Children's eye exam	30% <u>coinsurance</u> after <u>deductible</u>	Not Covered	One routine eye exam per plan year.
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None.
deficial of eye out	Children's dental check- up	Not Covered	Not Covered	None.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Children)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care (with exception of person with diagnosis of diabetes)
- Weight loss programs (except for required preventive services)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (in lieu of anesthesia and nausea during pregnancy)
- Bariatric surgery (Blue Distinction Center or Blue Distinction Center + only)
- Chiropractic care (35 visits per plan year)
- Hearing aids (\$1,000 maximum/36 months for age 19 and older, no maximum for under age 19)
- Infertility treatment (limited to the diagnosis & treatment of underlying medical condition)
- Private-duty nursing
- Routine eye care (1 routine eye exam per plan year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> Marketplace. For more information about the Marketplace, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the Texas Department of Insurance's Consumer Health Assistance Program at 1-800-252-3439 or visit www.texashealthoptions.com.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-760-3135.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-855-760-3135.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-760-3135.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 1-855-760-3135 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-760-3135.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-855-760-3135.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-855-760-3135.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-855-760-3135.

## To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,300
■ Specialist coinsurance	30%
■ Hospital (facility)	30%
Other coinsurance	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$3,300	
Copayments	\$0	
Coinsurance	\$2,800	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,160	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,300
■ Specialist coinsurance	30%
■ Hospital (facility)	30%
Other coinsurance	30%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$3,300	
Copayments	\$0	
Coinsurance	\$600	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$3,920	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$3,300
■ Specialist coinsurance	30%
■ Hospital (facility)	30%
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	

The plan would be responsible for the other costs of these EXAMPLE covered services.