



# Dental and Vision Member Portal Guide

Create an account to access your benefits from any web-enabled device

## Register

1. Scan this QR code or go to [standard.com/dental-vision-login](https://standard.com/dental-vision-login) and select your login.
2. Click Register.
3. Choose your account type then enter your name, date of birth and ZIP code.



## Connect to your account

1. Choose one of three options to validate your identity and connect to your account:
  - **Claims Information:** If you received a claim or Explanation of Benefits, or EOB, enter the claim number and source code. These are located at the bottom right-hand corner of your EOB.
  - **Email Verification Code:** If we have your email address, we can send a verification code.
  - **Other Ways:** Enter your Social Security number or Member ID. If you received an ID card, the Member ID is usually printed on the front of the card.
2. Enter the email address you would like to use to sign in to your account.
3. Look for an email from Standard Authentication then enter the six-digit code. The code expires after five minutes.
4. Optional: Add your phone number as an additional security verification method.
5. Create your password using the guidelines on the screen.

## Sign In

You have now completed account registration. To sign in, enter your email address and password. If you chose to set up both email and phone verification options, select how you would like to receive your verification code.

Once signed in you can access ID cards, track claims, estimate costs and find other helpful resources.

## Need help with your account?

Call The Standard's<sup>‡</sup> Customer Support team at 800.547.9515, or 888.396.8641 if your employer is in New York or [Contact Us](#). To find a provider and view resources to help you manage your benefits, visit the [Member Resources](#) page.

Standard Insurance Company | The Standard Life Insurance Company of New York | [standard.com](https://standard.com)

<sup>‡</sup> The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of 1100 SW Sixth Avenue, Portland, Oregon, in all states except New York, where insurance products are offered by The Standard Life Insurance Company of New York of 445 Hamilton Avenue, 11th Floor, White Plains, New York. Product features and availability vary by state and company, and are solely the responsibility of each subsidiary. Each company is solely responsible for its own financial condition. Standard Insurance Company is licensed to solicit insurance business in all states except New York. The Standard Life Insurance Company of New York is licensed to solicit insurance business in only the state of New York.