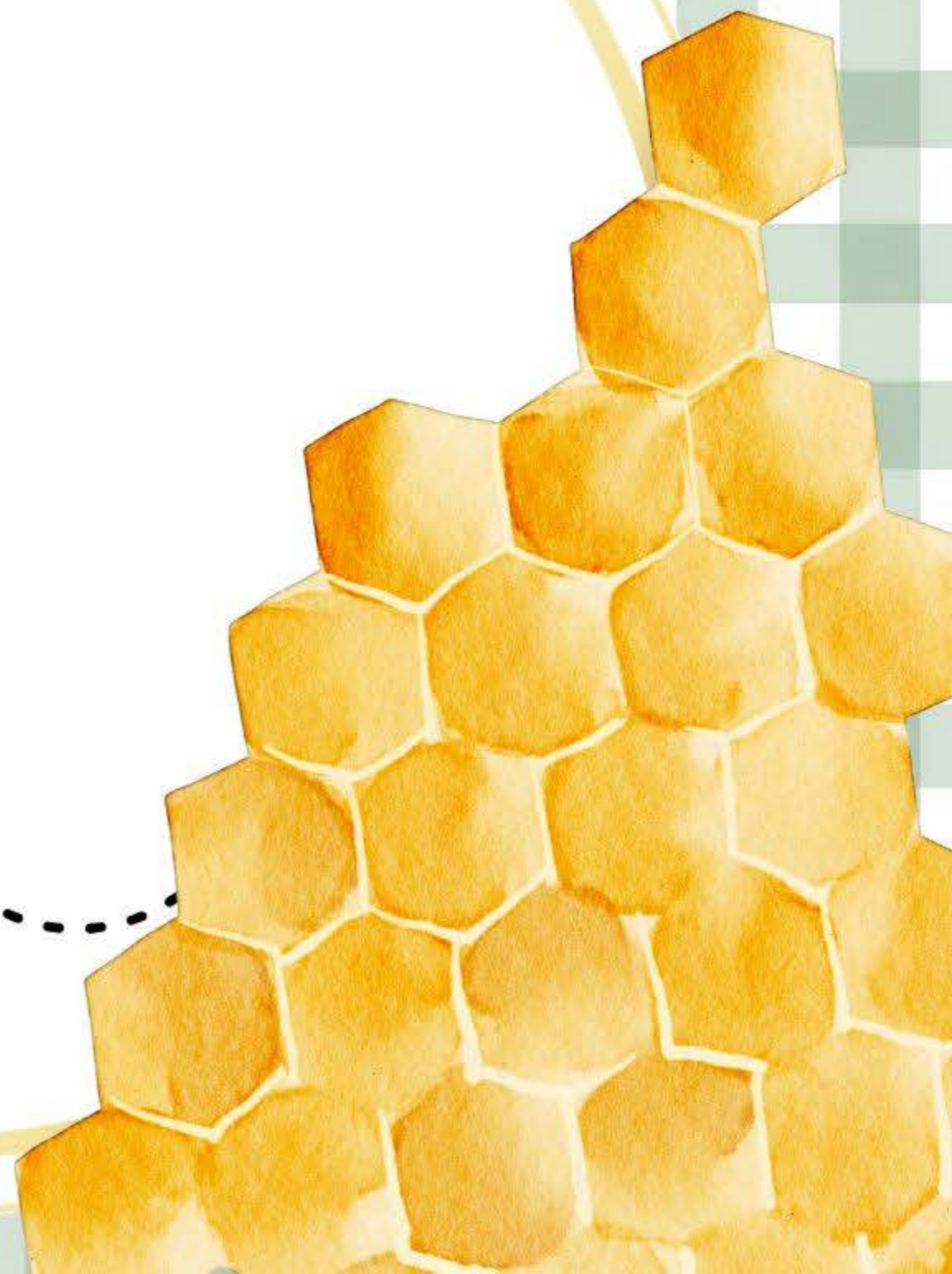




Lindsay Paris
LParis@mesquiteisd.org



DID YOU KNOW?

The brain develops most rapidly between the ages of 0-3 than it will at any other point in a person's life.





“Parents are a child’s first and most important teacher, and home is the most important classroom.”

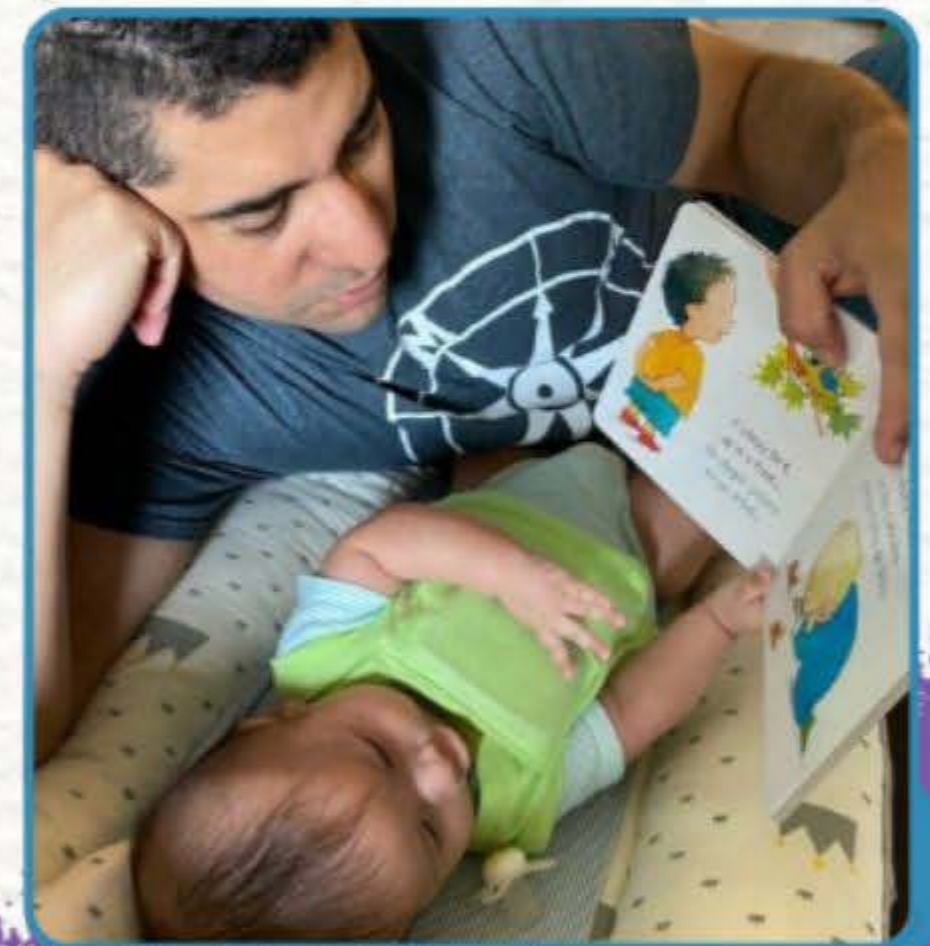
The Urban Child Institute



Once upon a month™

Ferst Readers, in partnership with the **Boone Family Foundation**, **Medical City/HCA Foundation**, and **United Way of Metropolitan Dallas**, announces our **Once Upon a Month** literacy initiative, providing wonderful books to children, birth to five, and useful literacy resources to their parents, mailed to the home every month!

The program is currently available to children, under the age of five, that live in **Dallas County, Collin County, Kaufman County, and Rockwall County**.



FREE Diapers & Wipes

Who Qualifies?

- Families with newborns infants and toddlers (up to 36 mos.)
- Expectant mothers and fathers
- Adoptive parents

New Client
Registration



bit.ly/3MKxFlJ



In Collaboration with



Questions? Please Text:

682-289-0046
682-289-0471
682-289-0442
682-289-0479

220 Pioneer Rd. Suite C.

Follow the Mesquite ISD
Family Engagement
Facebook page for
upcoming class info



Dallas County Healthy Start Program at MISD

MISD is hosting a **FREE** program for expectant and new parents! Join us to learn essential skills for a healthy pregnancy and beyond. Get the support you need, right here at MISD!

This valuable program is available to women of reproductive age, expectant mothers, expectant fathers, and new parents and guardians.

Upcoming Class:

Self-Care & Mental Health

Tuesday, April 7, 2026
8:30 a.m. - 9:30 a.m. (Spanish)
9:30 a.m. - 10:30 a.m. (English)

Family Engagement Center
220 Pioneer Rd, Suite C
Mesquite, TX 75149



 DCHHSMaternalHealthdallascounty.org

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Facebook page for
upcoming class info





Community events and resources



Free parent education program
for families with children under
the age of three





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www.readplaytalk.com

