

Your Plan Includes the Pregnancy Benefit

Enhanced dental coverage for a healthier pregnancy

With the Pregnancy Benefit, United Concordia Dental members get improved coverage for the extra dental care they may need to stay healthy while pregnant.

Pregnant women are more likely to experience oral health problems, including gum disease, due to the many changes their bodies are going through. Also referred to as periodontal disease, gum disease may go unnoticed in its early stages. If left untreated, the early form of gum disease (gingivitis) may progress to a more serious form of gum disease called periodontitis, which has been linked to prematurity and low birth weight.¹

The Pregnancy Benefit can make it easier and more affordable for members to prevent, treat or manage all stages of gum disease during pregnancy. By registering for the benefit, members become eligible to receive one extra cleaning covered at 100%. If needed, the benefit also covers the full cost of other procedures necessary to treat or manage gum disease, as detailed in the chart below.

Covered Service* (per plan year)	Amount
Cleaning—one additional during pregnancy	100%**
Periodontal Maintenance—one additional procedure above your plan's standard limit	
Scaling & Root Planing [†]	
Periodontal Surgery—four procedures [‡]	

* If necessary in accordance with United Concordia policies, as demonstrated by your dentist's submitted documentation.

** Your standard plan's frequency limitations (how often services are covered), annual maximum (the maximum amount your plan will pay toward services during the plan year), and other details still apply.

† Note to dentists: Now including CDT Code D4346 (Current Dental Terminology © 2016 American Dental Association. All rights reserved.)

‡ Four procedures related to gingival flap or osseous surgeries.

How to Register

Members can activate the Pregnancy Benefit at no additional cost by reporting their pregnancy to United Concordia any time on or after January 1, 2020. Here's how:

- Visit UnitedConcordia.com/GetMDB from your desktop or mobile device
- Sign into **My Dental Benefits** (or create an account)
- Click the **Wellness** tab at the top menu
- Click the **+Add a new condition**
- Select **Pregnancy** and complete the fields as prompted
- The condition status will show as **ACTIVE** to confirm your registration

Once registered, talk to your dentist about you may need to keep your mouth as healthy as possible during your pregnancy. In some instances, your dentist may recommend procedures beyond what your benefits will cover. Always confirm your plan's coverage before proceeding to avoid surprise charges. You may or may not need the services covered by the Pregnancy Benefit, but your dentist can recommend which (if any) additional procedures can help the condition of your mouth.

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-332-0366 (TTY: 711).
Español (Spanish)	ATENCIÓN: Si habla español, le ofrecemos de ayuda lingüística gratuita. Llame al 1-800-332-0366 (TTY: 711).
繁體中文 (Chinese)	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-332-0366 (TTY: 711)。

UnitedConcordia.com/GetMDB

MEM-0374-1018

Source: 1. Dental health during pregnancy; March of Dimes, January 2013.

Dental plans are administered by United Concordia Companies, Inc., and underwritten by United Concordia Insurance Company. For information about which companies are licensed in your state, visit the "Disclaimers" link at www.UnitedConcordia.com. Administrative and claims offices located at 1800 Center Street Suite 2B 220, Camp Hill, PA 17011 (1-800-332-0366).

This policy has exclusions, limitations, and reduction of benefits which may affect benefits payable. For costs and complete details of the coverage, call your insurance agent or the company. Policies or their provisions may vary or be unavailable in some states. See the actual policy or your account representative for specific provisions and details of availability.