



Manage Your Employees' Wellness with the ondemand Employer Wellness Portal

For employee wellness programs to make a difference, employees must be engaged. The ondemand Employer Wellness Portal offers communication and training solutions to help you get the most out of the Well onTarget program.

An employee wellness program can be a rewarding experience with positive results for you and your employees. Rising health care costs make it more important than ever to help employees stay well. Employee wellness has been proven, time and again, to have a real impact on performance and the bottom line — by improving productivity, decreasing absenteeism and reducing direct health care costs.

The ondemand Employer Wellness Portal delivers an interactive web experience for employers, with access to a rich repository of communication materials.

Materials include:

- Engagement Toolkit
- Training guides
- A comprehensive suite of activity reports

These ondemand categories offer detailed information so you can develop a customized, turnkey engagement solution that fits your company's culture.



EMPLOYEE ENGAGEMENT MADE EASY

Employees engaged in wellness programming are motivated to make healthy choices. However, motivating people to change behavior is no easy feat.

We have created an engagement toolkit for you. This toolkit, available on the ondemand portal, is your go-to repository for a variety of motivational programs and materials. Click the [Engagement Toolkit](#) to access several categories of content – new content is added monthly. Categories include Engagement and Communication, Health Breaks, Know Your Numbers and more. Pick and choose from among options such as a wellness library, leader boards, healthy vending machine choices and a Wellness Champion Program. This toolkit even includes informational pieces to help your organization launch activities such as on-site challenges, company sports teams and health and wellness fairs.

WELLNESS EDUCATION CAN HELP MOTIVATE

We know that offering a menu of wellness programs and tools to employees does not necessarily guarantee they will use them. They need to understand why and how to use what you offer. The tools we provide in the portal offer a range of relevant materials to help you train your employees on using the health programs available to them and the benefits they will reap.

HOW WELL DO YOU KNOW YOUR WELLNESS IMPACT?

Proof of progress can be different for different audiences. Employees may look at pounds dropped or habits changed. Employers or managers may look at performance, absenteeism and health care costs. In order to satisfy multiple perspectives on how your program is working, we provide client reporting. Regularly updated activity reports allow benefit managers to monitor and track participation in specific programs and overall engagement strategy. Our reporting tool offers statistics in easy-to-understand graphs, dials and charts that display weekly and cumulative trends.

If you have any questions about our ondemand portal or the Well onTarget program, please contact your Account Representative.



Our ondemand Employer Wellness Portal, available on Blue Access for EmployersSM, offers you all the necessary information and tools to manage and improve your employees' wellness experience.

Worksite Wellness events and screenings are conducted by Health Solutions Services, Inc., a third-party vendor and wholly owned subsidiary of Interactive Health Solutions (dba, Interactive Health).

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