



A Pregnancy Benefit that Goes Beyond Teeth and Gums

Pregnancy can actually make some dental problems worse, so good oral care for women is just as important as their overall health. For this reason, we, at United Concordia, included an added benefit to your dental plan, so women who are pregnant can keep their mouths healthy and focus on what matters most—their babies.

This added benefit provides one additional dental cleaning and periodontal services during pregnancy, plus e-mail outreach to keep a healthy mouth. The benefit helps prevent as well as control periodontitis (gum disease), which has been linked to premature and low birth weight babies. It also prevents pregnancy gingivitis—a mild form of gum disease resulting from changes in the body’s hormonal levels.

To take advantage of this added benefit, you (or anyone on your dental plan) should report your condition by visiting **UnitedConcordia.com**, sign in to **My Dental Benefits** and click **My Oral Health**. An e-mail will be sent confirming your selection.

Women who take good oral care during pregnancy set themselves and their babies up for a lifetime of healthy smiles. And, it keeps them both healthier in many other ways.



Pregnancy Benefit

Service	Coverage
Cleaning—one additional during pregnancy	100%
Periodontal Maintenance—one additional during pregnancy	
Scaling & Root Planing	
Periodontal Surgery—four procedures*	

**Four procedures related to gingival flap or osseous surgeries*