## **2023 AISD Wellness Screening**

Appointments are available at: Bell (3440 Bell, Suite 122) Grand (3300 I-40 East, Suite 400)

The nicotine test requires a urine specimen. Please come hydrated.

\*\*\*\*All dates & times are by appointment ONLY.\*\*\*\*

Please follow the attached instructions to book your 2023 appointment.

## April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	2	4	E	6	7	0
2	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	/	0
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
9	10	11	12	13	14	15
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
16	17	18	19	20	21	22
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		8:00-5:00 Bell
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
23	24	25	26	27	28	29
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
30						

## May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		8:00-5:00 Bell
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
7	8	9	10	11	12	13
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
14	15	16	17	18	19	20
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		8:00-5:00 Bell
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
21	22	23	24	25	26	
	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell	4:00-6:00 Bell		
	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand	4:00-5:00 Grand		
28	29	30	31			
		4:00-6:00 Bell	4:00-6:00 Bell			
		4:00-5:00 Grand	4:00-5:00 Grand			

## **AISD Wellness Screen Appointment Instructions 2023**

1. Enter the correct website to schedule your appointment using a mobile phone or computer/tablet.



2. Click on BOOK NOW for either the Bell location OR the Grand location.



 If you have been seen at either CareToday location as a patient or for a Wellness Screen, click on EXISTING PATIENT.
If you have never been to CareToday, click on NEW PATIENT.



4. Click on the green day you would like to schedule your appointment. Click NEXT MONTH to forward to May.



Green- times available Red- no times available Grey- outside of current view 5. Click on the preferred time. Make sure you are looking under the correct date.

04/03/2023 Monday	04/04/2023 Tuesday	04/05/2023 Wednesday	04/06/2023 Thursday	04/07/2023 Friday
		Afternoon		
4:00 PM	4:00 PM	4:00 PM	4:00 PM	
4:15 PM	4:15 PM	4:15 PM	4:15 PM	
4:30 PM	4:30 PM	4:30 PM	4:30 PM	
4:45 PM	4:45 PM	4:45 PM	4:45 PM	
5:00 PM	5:00 PM	5:00 PM	5:00 PM	
5:15 PM	5:15 PM	5:15 PM	5:15 PM	
5:30 PM	5:30 PM	5:30 PM	5:30 PM	
5:45 PM	5:45 PM	5:45 PM	5:45 PM	

If you need any help, please call either of the numbers listed below and we'd be happy to assist.

806-379-8552 (Grand)

806-379-9225 (Bell)

\*\*Please make every effort to attend your scheduled appointment. There is limited availability if you cancel or no show your appointment.