Hello!

We have open appointments for the biometric screening at Care Today for this week. Please do not delay. We are not going to allow walk-ins this year, so making your appointment now is important. Please see the information below and the attached instructions. If you have any issues, please call Care Today at the numbers provided.

In conjunction with implementing the new Skyward system, we will be revising our Biometric Screening program. This email will describe the new Biometric Screening program and give you instructions as to how to register for a screening. Please do not delay in scheduling your screening. Last minute requests are going to be difficult to accommodate.

The \$65 screening credit for monthly insurance premiums will NOT carry over into the next plan year and the requirements have changed. If you wish to keep your monthly screening credit beginning with the June premiums, you must screen this year by May 31. You will not receive your \$65 credit until the paycheck month after you screen,

What has changed?

1. The monthly credit has historically been divided up as \$15 for participation and \$50 for non tobacco. The new monthly credit will be \$65 per month, and that amount will be tied just to tobacco use. In order to receive this credit, you must do the tobacco screening at Care Today.

2. No blood draw will be done at screenings. Nicotine will be tested through a urine sample as in the past. You do NOT have to fast. If you are a tobacco user, you do NOT have to submit a urine sample, but you will not receive the monthly credit for non-tobacco use.

3. The deductible credits will still be \$500, but the allocation will change slightly. You will now get \$200 for being tobacco free, \$100 for BMI, \$100 for blood pressure, and \$100 for an online health assessment.

4. There will be no exemptions for the tobacco screen. In order to get the \$65 monthly premium credit, you must test negative for nicotine at Care Today.

5. Appointments will be available in the afternoons at both Care Today locations AND Saturdays at Care Today on Bell!

As always, if your spouse is covered on our plan, you both must test negative for nicotine to receive the monthly premium credit.

Children do NOT need to screen.

Please find instructions for registering for your screening. PLEASE do not delay! We have currently opened the calendar for April and May screenings starting next week. There are so many convenient times to screen, just get it done! Everyone who screens in April and May and passes the tobacco, will see the \$65 credit on their June check. If you wait until June, the credit won't appear until July. The phone numbers for both Care Today locations are at the end of the instructions.

Please ensure that you and your spouse have your correct employee ID. Screens without correct employee IDs can't be processed.