

# The Standard Employee Assistance Program offered through Health Advocate<sup>SM</sup>



Confidential help 24 hours a day, 7 days a week  
for employees and family members

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888.293.6948

[healthadvocate.com/standard3](http://healthadvocate.com/standard3)

EAP Mobile Application available for download or  
scan the QR code. When selecting an organization,  
choose *The Standard - EAP - 3 Visits*

## EAP services can help with

- Depression
- Stress management
- Anxiety
- Family and parenting concerns
- Relationship problems
- Financial or legal concerns
- Addictions
- Daily living concerns
- Child and elder care