

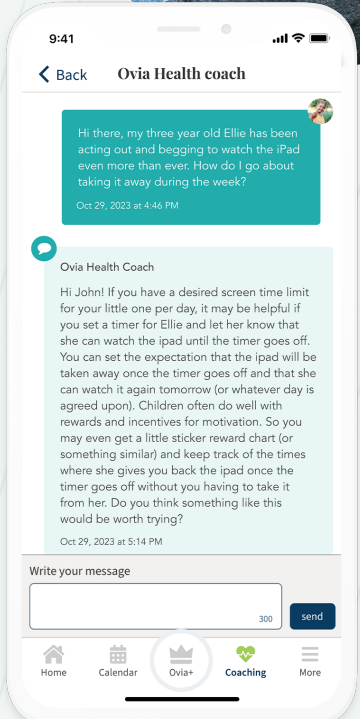
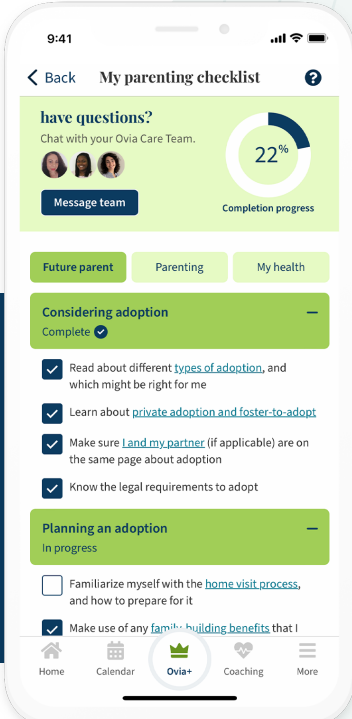
Ovia for men: empowering partners and readying parents

Ovia Health™ is here to support you to and through parenthood.

Ovia Health helps you learn about fertility, prepare for parenthood, support a pregnant partner, and manage the changes that come with raising a child. With Ovia Health, you'll receive curated content, daily access to our Care Team, and an experience made just for you.

- 1-on-1 clinical support from Ovia's in-house Care Team
- Male fertility, pregnancy, and childbirth education
- LGBTQ+ parenting and family-building guidance
- Pregnancy and contraction tracking
- Child health and development tracking
- Actionable parenting checklists
- Relationship management
- Mental health support
- Benefits navigation

70%
of fathers feel unprepared for the emotional challenges of parenthood¹



How do I get there?

Download the app that's right for you

- ovia
- ovia pregnancy
- ovia parenting



1. National Fatherhood Initiative. www.fatherhood.org