



# Convenient access to your workplace benefits

Guardian Anytime, your service portal, makes it easy and convenient to access your benefits online, anytime, anywhere. Services available include:

## 1 Access your benefit details

- View, download, and print materials
  - Benefit summaries
  - Forms
  - Certificate booklets

## 2 Submit and view claims details

- Submit a new claim and check claim status
- Receive email alerts when claims are paid or view information

## 3 Enroll and make changes to benefits\*

- Update contact information
- Update dependent information



### Real-time assistance

Chat with our virtual assistant 24/7 or speak to a live representative about your benefits, claims inquiries, or for help using Guardian Anytime.

### Registering is easy!

- 1 Go to [guardianlife.com](https://guardianlife.com) and click on "Log in".
- 2 To register, choose "Register now" and select "Guardian Anytime".
- 3 Select "employee" for yourself or "child, spouse, or partner" for your dependents.
- 4 Complete the self registration process, click "Submit" and you're done.