







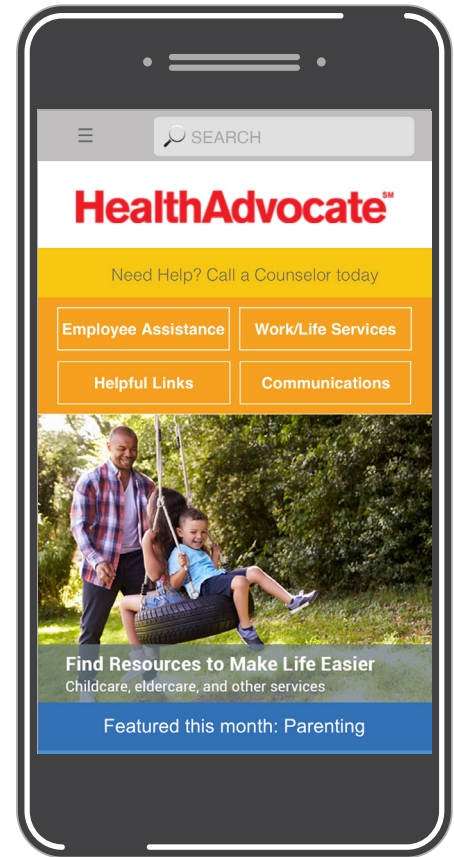
We're here to help
anywhere, anytime

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Free • Convenient • On-the-Go Help

-  **Review Member Benefits**
-  **Confidential support** from Licensed Professional Counselors for personal, family and work issues
-  **Work/Life Services** locates the right help with childcare/eldercare, legal/financial, relocation and more
-  **One-Touch Calling:** Talk to a Licensed Professional Counselor
-  **Quick Email Contact:** Ask a question or address an issue
-  **24/7 EAP+Work/Life Website**
 - View EAP+Work/Life Orientation Video
 - Enhance your skills with Online Trainings
 - View our Webinars
 - Take Health and Well-being Assessments
 - Browse topics from caregiving to retirement planning
 - Access calculators for budgeting, loans, college, etc.

Remember, Health Advocate is available to employees, spouse/domestic partner, dependent children to age 26, and all household members at no cost.



HealthAdvocateSM