# *Go ahead and sign up for the Houston rodeo – 90% of Texas emergency rooms are covered with TRS-ActiveCare.*



TRS-ActiveCare Plan Highlights 2024-25



#### Learn the Terms.

- Premium: The monthly amount you pay for health care coverage.
- Deductible: The annual amount for medical expenses you're responsible to pay before your plan begins to pay.
- Copay: The set amount you pay for a covered service at the time you receive it. The amount can vary based on the service.
- **Coinsurance:** The portion you're required to pay for services after you meet your deductible. It's often a specified percentage of the costs; e.g., you pay 20% while the health care plan pays 80%.
- Out-of-Pocket Maximum: The maximum amount you pay each year for medical costs. After reaching the out-of-pocket maximum, the plan pays 100% of allowable charges for covered services.

# 2024-25 TRS-ActiveCare Plan Highlights Sept. 1, 2024 – Aug. 31, 2025

#### All TRS-ActiveCare participants have three plan options. Each includes a wide range of wellness benefits.

### How to Calculate Your Monthly Premium

**Total Monthly Premium** 

#### Your Employer Contribution

#### **Gour Premium**

Ask your Benefits Administrator for your district's specific premiums.

#### Wellness Benefits at No Extra Cost\*

#### Being healthy is easy with:

- \$0 preventive care
- 24/7 customer service
- One-on-one health coaches
- Weight loss programs
- Nutrition programs
- Ovia<sup>™</sup> pregnancy support
- TRS Virtual Health
- Mental health benefits
- And much more!

\*Available for all plans. See the benefits guide for more details.

#### Primary Plans & Mental Health

• Both Primary and Primary+ offer \$0 virtual mental health visits with any in-network provider.

|              | · · ·   | •  | 3   |
|--------------|---|--|---|
|              | TRS-ActiveCare Primary  | TRS-ActiveCare Primary+  | TRS-ActiveCare HD   |
| Plan Summary | <ul> <li>Lowest premium of all three plans</li> <li>Copays for doctor visits before you meet your deductible</li> <li>Statewide network</li> <li>Primary Care Provider referrals required to see specialists</li> <li>Not compatible with a Health Savings Account</li> <li>No out-of-network coverage</li> </ul> | <ul> <li>Lower deductible than the HD and Primary plans</li> <li>Copays for many services and drugs</li> <li>Higher premium</li> <li>Statewide network</li> <li>Primary Care Provider referrals required to see specialists</li> <li>Not compatible with a Health Savings Account</li> <li>No out-of-network coverage</li> </ul> | <ul> <li>Compatible with a Health Savings Account</li> <li>Nationwide network with out-of-network coverage</li> <li>No requirement for Primary Care Providers or refer</li> <li>Must meet your deductible before plan pays for non</li> </ul> |

| Monthly Premiums      | Total Premium | Employer<br>Contribution | Your Premium | Total Premium | Employer<br>Contribution | Your Premium | Total Premium | Employer<br>Contribution | Ŋ |
|-----------------------|---------------|--------------------------|--------------|---------------|--------------------------|--------------|---------------|--------------------------|---|
| Employee Only         | \$471         | -                        | -            | \$553         | -                        | -            | \$484         | -                        |   |
| Employee and Spouse   | \$1,272       | -                        | -            | \$1,438       | -                        | -            | \$1,307       | -                        |   |
| Employee and Children | \$801         | -                        | -            | \$941         | -                        | -            | \$823         | -                        |   |
| Employee and Family   | \$1,602       | -                        | -            | \$1,825       | -                        | -            | \$1,646       | -                        |   |

| Plan Features                           |   |   |   |  |
|---|---|---|---|--|
| Type of Coverage                        | In-Network Coverage Only  | In-Network Coverage Only  | In-Network  | Out-of-N   |
| Individual/Family Deductible            | \$2,500/\$5,000   | \$1,200/\$2,400   | \$3,200/\$6,400   | \$6,400/\$   |
| Coinsurance                             | You pay 30% after deductible  | You pay 20% after deductible  | You pay 30% after deductible  | You pay 50% af   |
| Individual/Family Maximum Out of Pocket | \$8,050/\$16,100  | \$6,900/\$13,800  | \$8,050/\$16,100  | \$20,250/\$  |
| Network                                 | Statewide Network   | Statewide Network   | Nationwide  | e Network  |
| PCP Required                            | Yes   | Yes   | Ν   | 0  |
|   | Type of Coverage<br>Individual/Family Deductible<br>Coinsurance<br>Individual/Family Maximum Out of Pocket<br>Network | Type of CoverageIn-Network Coverage OnlyIndividual/Family Deductible\$2,500/\$5,000CoinsuranceYou pay 30% after deductibleIndividual/Family Maximum Out of Pocket\$8,050/\$16,100NetworkStatewide Network | Type of CoverageIn-Network Coverage OnlyIn-Network Coverage OnlyIndividual/Family Deductible\$2,500/\$5,000\$1,200/\$2,400CoinsuranceYou pay 30% after deductibleYou pay 20% after deductibleIndividual/Family Maximum Out of Pocket\$8,050/\$16,100\$6,900/\$13,800NetworkStatewide NetworkStatewide Network | Type of CoverageIn-Network Coverage OnlyIn-Network Coverage OnlyIndividual/Family Deductible\$2,500/\$5,000\$1,200/\$2,400\$3,200/\$6,400CoinsuraceYou pay 30% after deductibleYou pay 20% after deductibleYou pay 30% after deductibleIndividual/Family Maximum Out of Pocket\$8,050/\$16,100\$6,900/\$13,800\$8,050/\$16,100NetworkStatewide NetworkStatewide NetworkNetwork |

| • | Doctor Visits |            |            |                              |                 |
|---|---------------|------------|------------|------------------------------|-----------------|
| • | Primary Care  | \$30 copay | \$15 copay | You pay 30% after deductible | You pay 50% af  |
| • | Specialist    | \$70 copay | \$70 copay | You pay 30% after deductible | You pay 50% aff |
|   |               |            |            |                              |                 |

| Immediate Care              |                               |                               |                               |                  |
|-----------------------------|-------------------------------|-------------------------------|-------------------------------|------------------|
| Urgent Care                 | \$50 copay                    | \$50 copay                    | You pay 30% after deductible  | You pay 50% afte |
| Emergency Care              | You pay 30% after deductible  | You pay 20% after deductible  | You pay 30% after deductible  |                  |
| TRS Virtual Health-RediMD™  | \$0 per medical consultation  | \$0 per medical consultation  | \$30 per medical consultation |                  |
| TRS Virtual Health-Teladoc® | \$12 per medical consultation | \$12 per medical consultation | \$42 per medic                | al consultation  |

| Prescription Drugs                     |   |   |  |
|--|---|---|--|
| Drug Deductible                        | Integrated with medical                                 | \$200 deductible per participant (brand drugs only)     | Integrated with medical                              |
| Generics (31-Day Supply/90-Day Supply) | \$15/\$45 copay; \$0 copay for certain generics         | \$15/\$45 copay   | You pay 20% after deductible; \$0 coinsurance for ce |
| Preferred                              | You pay 30% after deductible                            | You pay 25% after deductible                            | You pay 25% after deductible                         |
| Non-preferred                          | You pay 50% after deductible                            | You pay 50% after deductible                            | You pay 50% after deductible                         |
| Specialty (31-Day Max)                 | \$0 if SaveOnSP eligible; You pay 30% after deductible  | \$0 if SaveOnSP eligible; You pay 30% after deductible  | You pay 20% after deductible                         |
| Insulin Out-of-Pocket Costs            | \$25 copay for 31-day supply; \$75 for 61-90 day supply | \$25 copay for 31-day supply; \$75 for 61-90 day supply | You pay 25% after deductible                         |



## This plan is closed and not accepting new enrollees. If you're currently enrolled in TRS-ActiveCare 2, you can remain in this plan.

#### **TRS-ActiveCare 2**

- Closed to new enrollees
- Current enrollees can choose to stay in plan
- Lower deductible
- Copays for many services and drugs
- Nationwide network with out-of-network coverage
- No requirement for Primary Care Providers or referrals

# Total Premium Employer Contribution Your Premium \$1,013 \$2,402 \$1,507 \$2,841

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| In-Network                   | Out-of-Network               |
|------------------------------|------------------------------|
| \$1,000/\$3,000              | \$2,000/\$6,000              |
| You pay 20% after deductible | You pay 40% after deductible |
| \$7,900/\$15,800             | \$23,700/\$47,400            |
| Nationwide Network           |                              |
|                              |                              |

| \$30 copay | You pay 40% after deductible |
|------------|------------------------------|
| \$70 copay | You pay 40% after deductible |

| \$50 copay                                      | You pay 40% after deductible |
|---|------------------------------|
| You pay a \$250 copay plus 20% after deductible |                              |
| \$0 per medical consultation                    |                              |
| \$12 per medical consultation                   |                              |

| \$200 brand deductible  |
|---|
| \$20/\$45 copay   |
| You pay 25% after deductible (\$40 min/\$80 max)/<br>You pay 25% after deductible (\$105 min/\$210 max)                       |
| You pay 50% after deductible (\$100 min/\$200 max)/<br>You pay 50% after deductible (\$215 min/\$430 max)                     |
| \$0 if SaveOnSP eligible;<br>You pay 30% after deductible (\$200 min/\$900 max)/<br>No 90-day supply of specialty medications |
| \$25 copay for 31-day supply; \$75 for 61-90 day supply   |

#### je ferrals ion-preventive care

#### Your Premium

| - |  |
|---|--|
| - |  |
| - |  |
| - |  |
|   |  |

# Network

| /\$12,800        |
|------------------|
| after deductible |
| )/\$40,500       |
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| after deductible |
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| certain generics |
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## **Compare Prices for Common Medical Services**

# **REMEMBER:**

Call a Personal Health Guide 24/7 to help you find the best price for a medical service. Reach them at **1-866-355-5999**.

| Benefit  | TRS-ActiveCare<br>Primary  | TRS-ActiveCare<br>Primary+   | TRS-ActiveCare HD                                |  | TRS-ActiveCare 2   |   |  |
|--|--|--|--|--|--|---|--|
|  | In-Network Only  | In-Network Only  | In-Network                                       | Out-of-Network   | In-Network   | Out-of-Network  |  |
| Diagnostic Labs**  | Office/Indpendent<br>Lab: You pay \$0  | Office/Indpendent<br>Lab: You pay \$0  | You pay 30%<br>after deductible                  |  | Office/Indpendent<br>Lab: You pay \$0  | You pay 40%<br>after deductible   |  |
|  | Outpatient: You pay<br>30% after deductible                                  | Outpatient: You pay 20% after deductible                                     |  |  | Outpatient: You pay 20% after deductible                                     |   |  |
| High-Tech Radiology  | You pay 30%<br>after deductible  | You pay 20%<br>after deductible  | You pay 30% after<br>deductible                  | You pay 50%<br>after deductible  | You pay 20% after<br>deductible + \$100<br>copay per procedure               | You pay 40% after<br>deductible + \$100<br>copay per procedure              |  |
| Outpatient Costs   | You pay 30%<br>after deductible  | You pay 20%<br>after deductible  | You pay 30% after<br>deductible                  | You pay 50%<br>after deductible  | You pay 20% after<br>deductible (\$150<br>facility copay per<br>incident)    | You pay 40% after<br>deductible (\$150<br>facility copay per<br>incident)   |  |
| Inpatient Hospital Costs   | You pay 30%<br>after deductible  | You pay 20%<br>after deductible  | You pay 30%<br>after deductible                  | You pay 50% after<br>deductible (\$500<br>facility per day<br>maximum) | You pay 20% after<br>deductible (\$150<br>facility copay per day)            | You pay 40% after<br>deductible (\$500<br>facility copay per<br>incident)   |  |
| Freestanding<br>Emergency Room   | You pay \$500<br>copay + 30% after<br>deductible                             | You pay \$500<br>copay + 20% after<br>deductible                             | You pay \$500<br>copay + 30% after<br>deductible | You pay \$500<br>copay + 50% after<br>deductible                       | You pay \$500<br>copay + 20% after<br>deductible                             | You pay \$500<br>copay + 40% after<br>deductible                            |  |
| Bariatric Surgery  | Facility: You pay 30%<br>after deductible                                    | Facility: You pay 20%<br>after deductible                                    | Not Covered                                      |  |  | Facility: You pay 20%<br>after deductible (\$150<br>facility copay per day) |  |
|  | Professional Services:<br>You pay \$5,000<br>copay + 30% after<br>deductible | Professional Services:<br>You pay \$5,000<br>copay + 20% after<br>deductible |  | Not Covered  | Professional Services:<br>You pay \$5,000<br>copay + 20% after<br>deductible | Not Covered   |  |
|  | Only covered if<br>rendered at a BDC+<br>facility                            | Only covered if<br>rendered at a BDC+<br>facility                            |  |  | Only covered if<br>rendered at a BDC+<br>facility                            |   |  |
| Annual Vision Exam<br>(one per plan year;<br>performed by an<br>ophthalmologist or<br>optometrist) | You pay \$70 copay   | You pay \$70 copay   | You pay 30%<br>after deductible                  | You pay 50%<br>after deductible  | You pay \$70 copay   | You pay 40%<br>after deductible   |  |
| Annual Hearing Exam<br>(one per plan year)   | \$30 PCP copay<br>\$70 specialist copay                                      | \$15 PCP copay<br>\$70 specialist copay                                      | You pay 30% after deductible                     | You pay 50% after deductible   | \$30 PCP copay<br>\$70 specialist copay                                      | You pay 40% after deductible  |  |

\*\*Pre-certification for genetic and specialty testing may apply. Contact a PHG at 1-866-355-5999 with questions.

www.trs.texas.gov