

Cigna Dental Care (DHMO) Members.

Have the freedom to choose or change a network general dentist on your terms.



No time to notify us of your choice or change in provider? As long as you see a network general dentist actively participating in your dental network, we've got you covered.** If you can't contact us first, we'll make the change as of the date of service received and mail you confirmation of the change.

See **any** network general dentist within the network **when and where** needed.

- A new office has an immediate opening
- Need an appointment before a vacation
- Squeezing the kids in during school break
- Dependent away from home
- Moved to a new city



As a Cigna Dental Care (DHMO)® customer, you have 24/7 access to your benefits on **myCigna.com**®.*

You can change or select your network general dentist anytime on myCigna or by calling the number on the back of your ID card.



*If you haven't created a myCigna account, go to myCigna.com® and click "Register." Follow the instructions to complete the short form and click "Submit." Customers under 13 years old will not be able to register and/or have their parent/guardian register on their behalf at myCigna.com.

**The treating provider must be an active participant in your Cigna Dental Care network at the time of service. Members are responsible for confirming provider participation on the date of service when making changes outside of Cigna Dental Care's traditional provider selection method (calling customer service or logging on to myCigna.com).

All group dental plans and insurance policies have exclusions and limitations. For costs and details about the services covered under your plan, review your enrollment materials. Dentists who participate in the Cigna Healthcare network are independent contractors solely responsible for the treatment provided and are not agents of Cigna Healthcare.

Product availability may vary by location and plan type and is subject to change. All group dental insurance policies and dental benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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