

Checking your benefits just got easier

MetLife’s mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

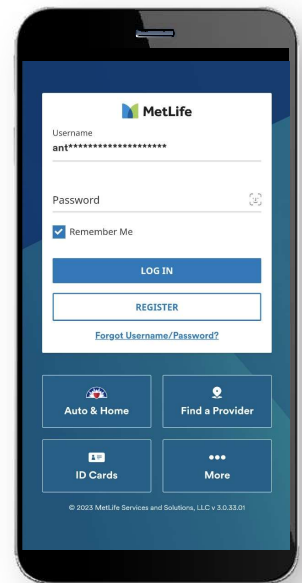


Dental Insurance¹

- Find a dentist
- PPO Plans Only: Plan based cost estimator for dental procedures
- PPO Plans Only: View your Plan Summary
- PPO Plans Only: View your claims
- PPO Plans Only: Book an appointment
- PPO Plans Only: Provider reviews and ratings
- View and save ID card

Vision Insurance

- Find a provider
- View and save ID card



It is easy to get the MetLife US Mobile app

Search “MetLife” in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.



Contact your HR representative to learn more.

**Questions? Call MetLife
Customer Service.**

1 800 GET-MET8 or 1 800 438-6388

Need Technical Assistance? Contact Web Tech. 1-877-9MetWeb or 1-877-963-8932

Hours of Operation: Mon-Fri, 8am - 11pm ET/7am - 10pm CT 6am - 9pm MT/5am - 8pm PT

Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

