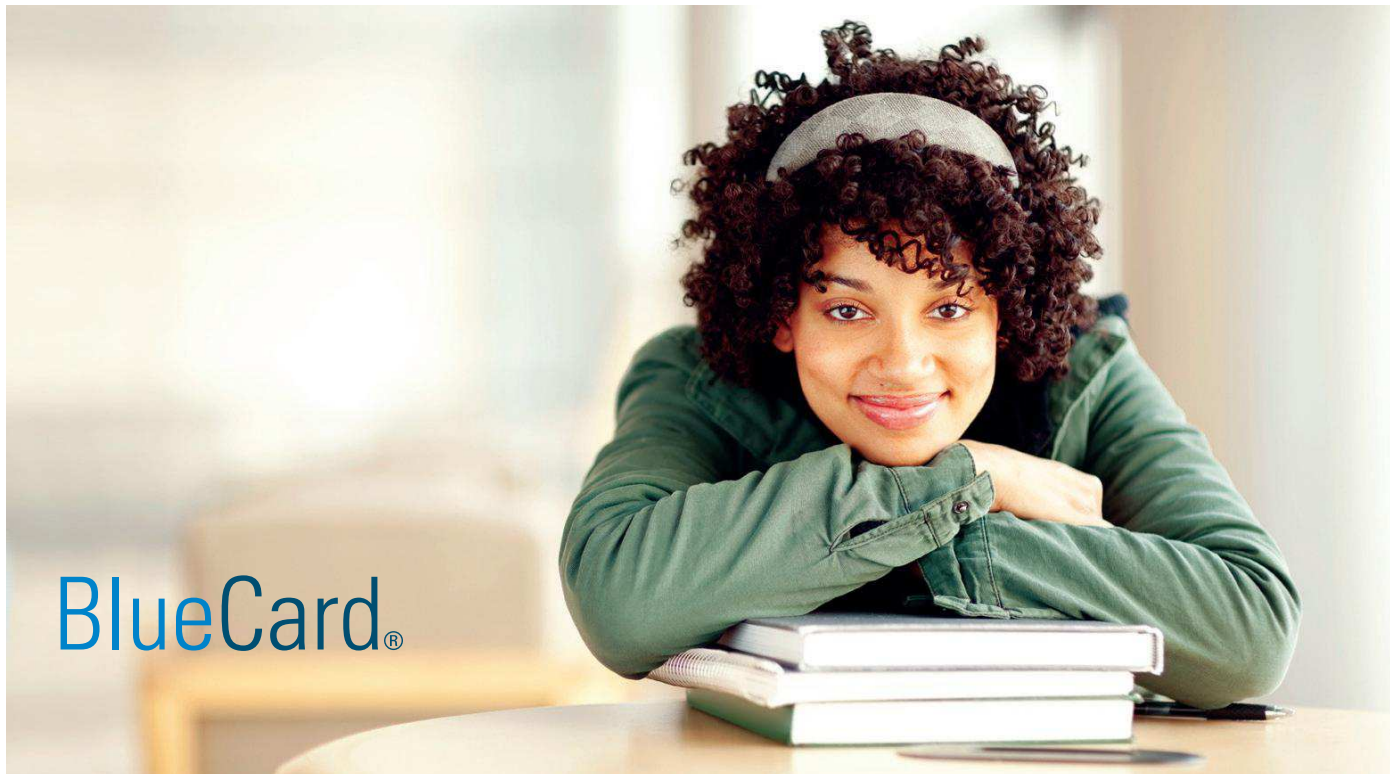




HMO and Away From Home Care®

Taking your HMO healthcare coverage on the road

Receiving care while away from home

As a Blue Cross and Blue Shield HMO member, you can take your healthcare benefits with you when you're away from home.

BlueCard® is for short trips

The BlueCard Program gives you access to doctors and hospitals almost everywhere and offers peace of mind that you'll be able to find the healthcare provider you need.

If you need care while away from home for **fewer than 90 consecutive days**, call your primary care physician or BCBS HMO for prior authorization and/or precertification if necessary. Your BCBS HMO's number is located on your ID card.

To locate doctors and hospitals wherever you or a covered dependent need care:

- Visit the National Doctor & Hospital Finder at www.BCBS.com.
- Use the National Doctor & Hospital Finder app for Android,* iPhone, iPad and iPod Touch.** (Rates from your wireless provider may apply.)
- Call BlueCard Access at 1.800.810.BLUE (2583).



When you arrive at the participating doctor's office or hospital, simply present your current BCBS HMO ID card.

Away From Home Care® is available for long-term stays

The Away From Home Care® Program provides convenient healthcare coverage while you are temporarily residing in the service area of a participating (Host) BCBS HMO for **at least 90 consecutive days**. The program addresses your healthcare needs if you have one of the following situations:

- Have a child attending school out of state.
- Have family members living in different service areas.
- Have a long-term work assignment in another state, or are a retiree with a dual residence.

Follow these steps to take advantage of the program:

1. Contact your BCBS HMO if you or a covered dependent are going to be away from home for at least 90 consecutive days.
2. Your BCBS HMO will advise you if a participating (Host) HMO is in the area where you will be staying.
3. If there is a Host HMO in the area, your BCBS HMO will help you complete a Guest Membership application.

4. Your BCBS HMO will send the application for your signature. Once you have signed and returned it, your BCBS HMO will forward it to the Host HMO in your destination location.
5. Your Host HMO will provide a membership ID card, the name of a primary care physician and instructions on how to access your benefits while using your Guest Membership.
6. When you need medical care, you should call your Host HMO primary care physician for an appointment.

Please note that Host HMO benefits may differ from your BCBS HMO benefits. The Host HMO will communicate this information to you upon acceptance of your Guest Membership application.

To learn about your specific healthcare coverage when you are away from home, call your BCBS HMO.

Important: Always carry your current member ID card.

In an emergency, go directly to the nearest hospital.



To learn more about the programs described here, visit www.BCBS.com or call your BCBS HMO.

TheBlueCard®
Now, Home Is Where The Card Is®

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