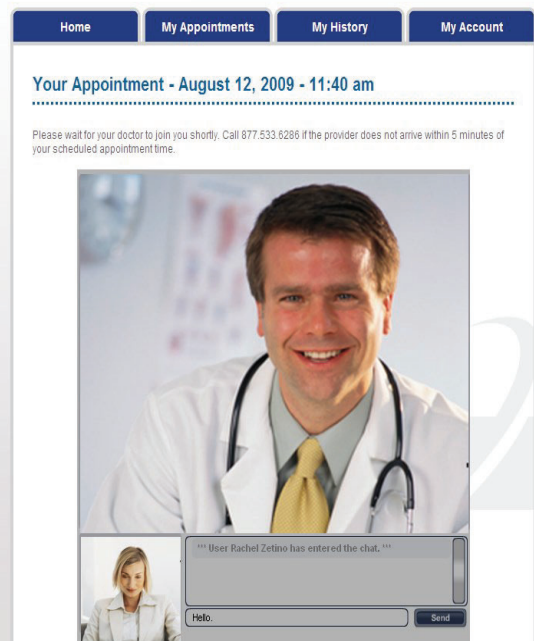


- *Code = pasadenaisd
- *Code = pasadenaisd50

RediMD gives you the option to have a regular doctor's visit online or by phone. No Copay Required. Visit us at : www.redimd.com



- **www.redimd.com**
 - *Any time you need to see or speak with a doctor*
 - *We are "Always Open"*
- RediMD provides primary medical care online via webcam, smart phone, or by telephone. You can see and speak with a physician or other medical professional who can diagnose, recommend treatment and prescribe medications if needed.
- RediMD service is available for you to use
- At your home during days, nights, and weekends for you and your family
 - **If you and your dependents are covered under Pasadena ISD medical insurance then you have free access to RediMD.**
 - **If you are not covered under Pasadena ISD medical insurance then you, the employee, can have access to RediMD with a cost of \$50/visit. Your dependents/spouse will not have access to RediMD.**

- ***Pasadenaisd** code for employees with Pasadena ISD insurance
- ***Pasadenaisd50** code for employees with other insurance

REDIMD TREATS MOST PRIMARY CARE AILMENTS INCLUDING, BUT NOT LIMITED TO:

<i>Cold</i>	<i>Cough</i>	<i>Flu</i>	<i>Sore Throat</i>
<i>Allergies</i>	<i>Skin Issues</i>	<i>Blood Pressure</i>	<i>Headaches</i>
<i>Diabetes</i>	<i>Sinus Infection</i>	<i>Stress Problems</i>	<i>Stomach Problems</i>

- RediMD is available for you and your dependents, if covered under Pasadena ISD medical insurance, to use at home. Only one account is necessary per household.
 - A computer with internet connection and web camera, or a smart phone with internet connection and a skype account (free download from apps store) is required for all face-to-face visits.
 - If you forget your password. RediMD uses the highest encryption possible. We will not send out passwords to unsecured emails for your protection. Please call the RediMD number below to have it reset.
 - Visit us at www.RediMD.com for more information and to register

For help, call RediMD at 866-989-CURE, option 3



RediMD visits available from work or home
 8:00 am – 6:00 pm CT Mon-SAT
 24/7 by phone call 281-633-0148.

TO USE REDIMD AS A **FIRST-TIME** USER

1

REGISTER.*

- Go to www.redimd.com
- Click "register"
- Select "register " or "First Time User"
- Enter code listed bottom of page and click "next"
- Follow registration directions, enter your e-mail and create a password
- Complete profiles and registration directions.

2

SCHEDULE.

- Make appointment
- Select provider, date, and time
- No copay or payment required.

3

CONSULT.

- Take vitals. Or put 1 in each box if vitals are not taken.
- Consult with your provider (see options below)

*Registration is a one-time process and can be done without having to schedule an appointment.

TO USE REDIMD AS A **RETURN** USER

1

LOG IN.

- From any internet connected computer or smart phone .
- Log in at www.redimd.com
 - Enter your e-mail and password

2

SCHEDULE.

- Make appointment
- Select provider, date, and time
- No copay or payment required.

3

CONSULT.

- Take vitals or put 1 in each box if vitals are not taken.
- Consult with your provider (see options below)

CONSULT WITH YOUR REDIMD PROVIDER

AT YOUR HOME Computer: To see a provider for your online consult

- Go to your home computer for the online consult 10 minutes before your appointment time
- Have your photo ID available
- Go to www.redimd.com, log in to your account and go to your appointment
- Take your blood pressure, pulse and temperature and enter your vital readings as prompted, and follow the directions, **or put 1 in each box if vitals are not taken.**
- The provider will appear at the appointment time to consult with you about the medical information you provided and give you a diagnosis and recommend treatment.

On a smart phone: To see the provider for your online consult

- Go to your smart phone app store and download skype (free). Set up an account.
- 10 minutes before your appointment time, go to www.redimd.com, log in to your account and go to your appointment
- Have your photo ID available.
- Put 1 in each box if the vitals: blood pressure, pulse, etc are not taken and follow the directions.
- Press the skype button and the provider will appear at the appointment time to consult with you about the medical information you provided and give you a diagnosis and recommend treatment.

BY PHONE: To speak with provider

- After hours when the clinic is closed or when a computer or smart phone is not available.
- Call our after hours line **281-633-0148.**

www.redimd.com

For help, call RediMD at 866-989-CURE, option 3



***Code to register = pasadenaisd**



***Code to register = pasadenaisd50**



Feel better

Broken bones don't have to break the bank

In a true emergency (when your life is in danger), you should call 911 or go to an emergency room (ER) right away. But if it's not life threatening, you can get immediate medical care for a lot less than what the ER costs. Check out these free and lower-cost options. Get the care you need at prices you can live with.

RediMD™	Pasadena ISD Wellness Center	Walk-in Clinic: CVS Minute Clinic® H-E-B RediClinic®	Urgent Care Center
RediMD provides primary medical care online via webcam, smart phone, or by telephone. You can see and speak with a physician or other medical professional who can diagnose, recommend treatment and prescribe medications if needed.	High-quality medical services are provided free to eligible employees and their dependents (age 2+) covered under the Pasadena ISD health plan.	A walk-in clinic is for non-emergency issues. Often found in stores and pharmacies, they're not meant to replace your PCP.	Urgent care centers provide quick care for serious, but not life-threatening situations. Many urgent care centers offer imaging, X-ray and lab services.
WHEN TO GO			
<ul style="list-style-type: none"> • Allergies • Colds and flu • Bronchitis • Ear infections • Sinus problems, and more 	<ul style="list-style-type: none"> • Primary/urgent care • Physical exams • Immunizations • Minor injuries • Colds and flu • Diabetes • Hypertension 	<ul style="list-style-type: none"> • Colds and flu • Ear infections • Headache/migraine • Routine allergies • Sore or strep throat • Sprains, and more 	<ul style="list-style-type: none"> • Back/neck pain • Cuts and minor burns • Flu • Sprains, fractures, and more
AVAILABILITY			
24/7 (by phone)	Scheduled appointments preferred, but walk-ins are welcome	Many open 7 days a week with extended hours	Many open 7 days a week with extended hours
AVERAGE WAIT TIME			
15 minutes	45 minutes or less	1 hour or less	1-2 hours
YOU PAY			
Free	Free		

Not sure where to go? Call the 24-hour **Informed Health® Nurseline** at **1-800-556-1555**. To find a local care provider, just log in to Aetna Navigator at aetna.com and click the "Find Care" icon.



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