

Pharmacy Benefit Manager (PBM)

CVS Caremark[®] is your PBM



We manage your new prescription benefit plan and help keep your medication costs low.

Affordable medications when and where you need it

As a part of the CVS Caremark family, you have access to a wide range of cost-effective medications and thousands of network pharmacy choices (including home delivery) for you and your family.

More savings and convenience

We provide support and guidance so you get the most value from your plan.

Find a network pharmacy. Using a pharmacy that's covered by your plan keeps you from overpaying. You can pick up your medication, but many also offer home delivery.

Fill in 90-day supplies. Have refills delivered to your door for medications you take regularly in 90-day supplies from CVS Caremark Mail Service Pharmacy. There's no delivery fee, and you'll probably save money, too.

Stay on track and look for savings using our digital tools. Request refills, get email and text alerts about your prescriptions, and check medication costs — all on your own time.

Learn more at

Caremark.com/
OpenEnrollment
(after your benefit begins) or scan the code.







To scan the QR code: Open your camera Scan the code Tap the link





Your prescriptions

Get the most from your medication.



Taking your medication as directed helps you get and stay as healthy as possible. These tips can keep you on track.

Fill your prescriptions on time. We offer convenient options for filling your medication so you never run out. Choose the one that's right for you.

- Pick up your refills at any CVS Pharmacy®. With more than 9,900 locations, there's always one nearby
- Have refills delivered to your door. You'll pay just one copay* for a 90-day supply with no-cost shipping from CVS Caremark® Mail Service Pharmacy
- Let us manage your refills. Sign up for automatic refills at Caremark.com or in our mobile app

Stick to the schedule prescribed by your doctor. This helps your medication do its job and prevents hospital visits. Talk to your doctor or pharmacist if you have questions.

Start a reminder system. Set your mobile device or computer to tell you when it's time to take your medication. Writing reminders on sticky notes or your calendar works, too.



Get help for side effects.

If you experience side effects, don't stop taking your medication. Call your doctor, talk to a pharmacist at CVS Pharmacy or contact a pharmacist with the Ask a Pharmacist tool at Caremark.com.

For savings opportunities and personalized support, visit **Caremark.com** (after your benefits begin).





CVS Specialty®

More than medication.



CVS Specialty provides specialized care and support along with your medication for complex conditions (such as rheumatoid arthritis, multiple sclerosis, HIV and cancer).

A team of pharmacists and nurses specially trained in your condition.

We give you a CVS Specialty CareTeam led by pharmacists and nurses to support you 365 days a year. We'll show you how to take your medication correctly, help you manage side effects and stay on track. We also provide helpful resources at **CVSspecialty.com/EducationCenter**.

A choice of pick up at CVS Pharmacy® or home delivery at no extra cost.

We make it as easy as possible to get the medication you need, where you need it. You can have your medication delivered anywhere nationwide, even if you're on vacation. Or you can pick it up at any CVS Pharmacy location.*

Digital tools let you manage your prescriptions on your own time.

We make it easy to manage your medications and stay on track at **CVSspecialty.com/go** or with our mobile app.



What's a specialty pharmacy?

It's a pharmacy that provides specialized medication for complex conditions or medication requiring injections or infusions.