

# Online Service Solutions

Quick. Easy. Powerful.

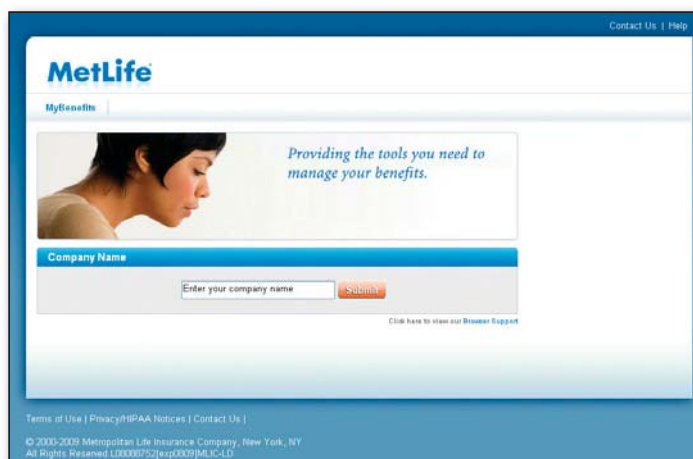


## MetLife

## MyBenefits – Learn More About Online Service for Your MetLife Benefits

At MyBenefits you can manage your MetLife benefits from one convenient place online. This service is provided so you can “help yourself” by managing your MetLife benefits in less time than ever before. With MyBenefits, you will have access to these convenient features:

- View, manage and understand your benefits from work or home.
- Quick and easy registration to use MyBenefits – it’s safe & secured.
- A homepage with access to personalized information and easy-to-read summaries of your MetLife benefits options and selections.
- Message boxes that provide convenient benefit updates from both MetLife and/or your employer.
- Planning tools designed to help you determine how to get the most out of your benefits.
- A forms library which allows you to retrieve any essential benefits forms you may need.
- E-mail notifications that will keep you informed of claims and important updates to your MetLife benefits information.



MyBenefits makes it easy  
for you to make the most  
of your MetLife benefits.

So take a moment to register now and you'll be able to take full advantage of this site, with access to personalized information.

[www.metlife.com/mybenefits](http://www.metlife.com/mybenefits)