

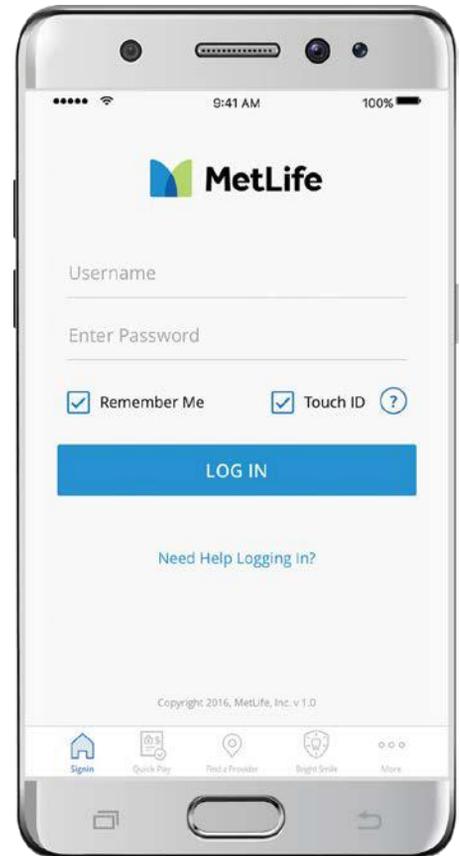
Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access¹ and manage your benefits information — anytime, anywhere.

Dental DHMO Insurance

- Find a dentist
- Add/Change your dental office
- Track your brushing and flossing
- Request a Permanent ID Card to be mailed to you

Plus, view your current coverage for Critical Illness Insurance and Hospital Insurance.



It is easy to get the MetLife US Mobile app

Search “MetLife” on the iTunes App Store or Google Play and download the MetLife US Mobile App, or scan these QR codes.



1. Before using the MetLife mobile app, you must register at www.metlife.com/mybenefits from a computer. Registration cannot be done on your mobile device.

Like most insurance policies, insurance policies offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

