







HOW IT WORKS



Activate your Account

Using the group and member numbers located in the Member ID card received via email



Enter your Health Info

Including your personal information and pharmacy information



Request Consultations

With the tap of a button! Schedule an appointment if needed



Get the Help you Need

Our care coordination team will respond within 15 minutes of your request, and video consultations are scheduled within a two-hour span



INTRODUCING

The NEW 1800MD App

Telemedicine in the Palm of your Hands

The new 1800MD app gives quick and convenient access to our vast network of board-certified physicians.

Access your virtual healthcare information by downloading the app today!

- Easily request medical consultations
- Schedule doctor consultations when it's most convenient for you
- Select your preferred pharmacy for easy prescription pick-up
- Manage and confirm dependents
- ✓ View past virtual consultation history
- And much more!



www.1800MD.com



1.800.530.8666