

Talk to a doctor anytime, anywhere

Now you have 24/7 access to doctors via our mobile app or web with our telemedicine service.



Being able to monitor and take care of your health at home has never made more sense. By providing you with reliable telemedicine services and medical expertise, we want to help you to take care of your health and give you the tools you need to feel better faster. With Telemedicine*, LifeWorks brings you:

- **24/7 access** to board-certified doctors nationwide
- **Easy access** via the LifeWorks App or website
- **The best experience** - Connect to a doctor in **5 minutes or less (on average)**
- Visits for you or your dependents **at no cost**
- **Safe and convenient care** - no need to travel to and from the doctor's office

Taking care of you and your family's wellbeing is more important than ever

Our Telemedicine service is the innovative, virtual solution you need to address any health concerns via an easily accessible resource

4.8 ★★★★★

out of 5
average doctor visit rating

100%

Board certified physicians for
at least 5 years

“

I called at 8:51 on a Saturday morning, and had a prescription ready by 10 a.m.! It would have been painful to wait until Monday morning for a doctor's appointment. I feel better already! So glad I called.

”

– Jennifer M., Patient, Ohio

*Telemedicine service is provided by First Stop Health.

What's included

With Telemedicine*, you can talk to a doctor anytime, anywhere for many non-emergency, everyday conditions, such as:

- Sinus infections
- Coughs or bronchitis
- Sore throats
- Urinary tract infections (UTIs)
- Skin rashes or bug bites
- Earaches
- Injuries or muscle pain
- Pink eye
- Medical questions
- Fevers

Doctors are able to:

- Diagnose and treat non-emergency conditions
- Write prescriptions* when medically appropriate
- Provide sick notes for work or school

* Prescription costs applicable to your medical plan.

How it works

1. Visit LifeWorks via the mobile app or website and click on the Telemedicine Quick Link.
2. Set up your account.
3. Request a visit.
4. Talk to a doctor in less than 5 minutes. A doctor will call you directly or join with video on the mobile app or website.
5. Diagnosis & treatment within minutes. Your doctor will listen to your symptoms, diagnose your issue and provide a treatment plan, which may include a prescription. If your issue cannot be treated virtually, we'll advise you on next steps.



And that's it! If a prescription was provided, you'll be able to pick it up quickly from your preferred pharmacy and get back to what matters most.

For more information, please contact your HR manager.