





## Ready, set, enroll!

## Enrollment to Hinge Health is around the bend.

Join Hinge Health for exercise therapy without leaving home. No copays. No office visits. Reduce your back and joint pain in just 15 minutes a day. Best of all, there's no cost to you — your Hinge Health benefit is 100% covered by Conroe ISD.

## Join Hinge Health to:

- Overcome pain or limited movement
- Recover from a recent or past injury
- Keep your joints healthy and pain free





Scan the QR code to join the waitlist! hinge.health/conroeisd-join Questions? Call (855) 902-2777

Members and dependents 18+ enrolled in a Conroe ISD Medical plan are eligible.

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos. Únete ahora.