The MetLife US App for your disability claim

MetLife makes it easy for you to keep track of your disability claim every step of the way. Accessing your claim is easier than ever with the MetLife US App.

You can use the app to:

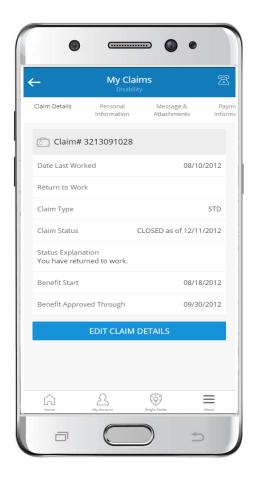


- View and update your claim [and leave] information
- · Send messages and attachments to MetLife
- [Set up direct deposit of benefit payments]
- Update your return to work date and other important details

Plus, you can access your information while you're on the go—right at your fingertips.

It's easy. Search "MetLife" at iTunes App Store or Google Play to download the app on your mobile device. Then, register or log in using your MyBenefits log in information to access these features.

Keep an eye out for future enhancements to MetLife's US App. We are constantly working on improvements to help ensure you have the best experience as a valued customer.



Like most group disability insurance policies, MetLife group policies contain certain exclusions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.