

Counseling Services

Get Help with Personal Stress

with Help from
Experienced
Counselors



32% of U.S. employees suffer from severe stress, anxiety, or depression

What **Counseling Services** Does for You

- ▶ Call 24/7 for an assessment, then schedule up to six free phone sessions to discuss job issues, financial or legal stress, relationship issues, grief or loss, and more
- ▶ Sessions are typically available within three business days of your initial call
- ▶ Get help determining the best course of action with strategies like goal setting, and solution-focused problem-solving
- ▶ All counselors have a master's degree and at least five years of experience
- ▶ Counseling Services does not provide financial or legal advice, but can assist with stress and anxiety caused by financial or legal issues



Download the **My Benefits Work** mobile app
800.800.7616 | [MyBenefitsWork.com](https://www.MyBenefitsWork.com)

Financial Wellness

Improve your
Financial Health
Through Live Coaching
and Online Resources



#1 Stressor

Personal finance is the number one source of stress across all demographics

What Financial Wellness Does for You

- ▶ Gain a helping hand to guide you through the major financial changes and challenges you'll face throughout life, from paying for college to buying a home to managing a budget
- ▶ Accredited or Certified Financial Counselors are accessible by phone to assess issues, discuss options, and help you determine the best course of action for your situation
- ▶ The Online Financial Resource Center does the heavy lifting for research, providing a variety of vetted articles, videos, worksheets, checklists, and more to guide your financial wellness journey



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Financial Wellness does not provide investment, legal, or tax advice.

ID Sanctuary

Around 15 million Americans have their identity stolen every year

Safeguard your Identity

with ID Theft Monitoring
and Resolution

What ID Sanctuary Does for You

- ▶ Unlimited 24/7 restoration assistance whenever your identity has been compromised
- ▶ Step-by-step guidance through the identity restoration process if you become a victim of identity theft or fraud
- ▶ Includes you and your immediate family
- ▶ Document replacement assistance when identification documents such as Social Security cards, birth certificates, passports, and driver's licenses are lost, stolen, or destroyed
- ▶ Access to an online educational resource with new articles, information, tips, and best practices to protect against identity theft



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Global Travel Assistance

Protect Yourself and your Loved Ones When 100+ Miles from Home*

What Global Travel Assistance Does for You

- ▶ Global Travel Assistance includes:
 - Emergency medical evacuation
 - Monitoring of treatment
 - Lost or stolen travel documents assistance
 - Transportation to join a family member in the hospital
 - Emergency travel arrangements for dependent children
 - Coordination of hospital payments and insurance
 - Medical, behavioral or mental health, dental, and pharmacy referrals
 - Emergency travel funds assistance
 - Translation and interpreter referral
 - Legal consultation and referral
 - Pre-travel planning and security information
 - Political and natural disaster evacuation
 - Return of mortal remains



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**Home is defined as the address listed on member's ID (Driver's License or Passport)*

On Call International cannot be held responsible for failure to provide services or for delays caused by strikes or conditions beyond its control including, but not limited to, flight conditions or where rendering of service is prohibited by local laws or regulatory agencies.

Roadside Assistance

Stay Safe on the Road with 24/7 Assistance Just a Call Away

What Roadside Assistance Does for You

- ▶ Even when the right precautions are taken, car issues can happen to anyone at any time
- ▶ Keep yourself and your family protected on the road with 24/7 assistance available for common car troubles
- ▶ Help is available for flat tires, lock-outs, dead batteries, and collisions
- ▶ Towing service is available with coverage up to \$50 per occurrence
- ▶ Roadside Assistance will also bring fuel, oil, fluid, and water



Drivers are expected to experience an average of five flat tires in their lifetime



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Limit one service within 72 hours and two free services per year. This is not an insurance product. For a complete explanation of this benefit log on to MyBenefitsWork.com and read Terms and Conditions.

Legal Access

Enjoy Free and Discounted Services from Experienced Lawyers

What Legal Access Does for You

- ▶ Attorneys help with traffic tickets, bankruptcy, divorce, and spousal and child support
- ▶ Free services* include one-on-one consultations, attorney-made phone calls, help with legal documents, assistance with government programs, representation in small claims court, and a Simple and Living Will
- ▶ Attorneys charge 25% off their hourly rate
- ▶ You'll be referred to plan attorneys based on location, language, and area of law
- ▶ Also available for your spouse, dependents up to age 23, your parents, and your spouse's parents



7 in 10 households face a legal issue every year



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**In many states, attorney liability may require plan attorneys to obtain a retainer from the member prior to providing some of the free member benefits.*