



Ever wonder what it would be like to lose weight and feel better ?

Wondr™ is a skills-based digital weight loss program offered by East Central ISD—at no cost to you*—that has helped hundreds of thousands of people in different stages of health:

- Lose weight
- Feel their best mentally and physically
- Use practical, clinically-proven health skills that become life skills

APPLY TODAY

Learn more at wondrhealth.com/ECISD

*Restrictions and eligibility info can be found at wondrhealth.com/ECISD



BEFORE

Cheryl F.
Benefits Manager

Lost 26 lbs
Gained Confidence

