



Your Plan Includes the Pregnancy Benefit

A Healthy Smile Contributes to a Healthy Pregnancy

The Pregnancy Benefit provides extra coverage to prevent or control periodontal (gum) disease when you're expecting, at no additional cost to you.¹ Pregnant women are more likely to experience gum disease due to hormonal changes, so dental care is especially important during this time. Gum disease also has been linked to premature birth and low-birthweight babies.²

The Pregnancy Benefit can make it easier and more affordable for members to prevent, treat or manage all stages of gum disease during pregnancy. By registering for the benefit, members become eligible to receive one extra cleaning covered at 100%. If needed, the benefit also covers the full cost of other procedures necessary to treat or manage gum disease, as detailed in the chart below.

Covered Services During Pregnancy ³ (per plan year)	Amount
One additional routine cleaning	100% ³
One additional gum disease treatment per year	
Deep cleaning treatment for gum disease	
Up to four surgeries to treat gum disease ¹	

1. Four procedures related to gingival flap or osseous surgeries. If necessary in accordance to United Concordia Dental policies, as demonstrated by your dentist's submitted documentation.

2. Africa, C. (2017). *How Gum Disease in Pregnant Women Poses a Risk to Their Newborns*, The Conversation.com.

3. Your standard plan's frequency limitations (how often services are covered), annual maximum (the maximum amount your plan will pay toward services during the plan year), and other details still apply.

How to Register

Members can activate the Pregnancy Benefit at no additional cost by reporting their pregnancy to United Concordia anytime after their plan's effective date. Here's how:



- Visit UnitedConcordia.com/GetMDB from your desktop or mobile device.
- Sign into *MyDentalBenefits* (or create an account).
- Click the **Wellness** tab at the top menu.
- Click the **+Add a new condition**.
- Select **Pregnancy** and complete the fields as prompted.
- The condition status will show as **ACTIVE** to confirm your registration.

Once registered, talk to your dentist about how you can keep your mouth as healthy as possible during your pregnancy. In some instances, your dentist may recommend procedures beyond what your benefits will cover. Always confirm your plan's coverage before proceeding to avoid surprise charges. You may or may not need the services covered by the Pregnancy Benefit, but your dentist can recommend which (if any) additional procedures can help the condition of your mouth.



The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-332-0366 (TTY: 711).
Español (Spanish)	ATENCIÓN: Si habla español, le ofrecemos de ayuda lingüística gratuita. Llame al 1-800-332-0366 (TTY: 711).
繁體中文 (Chinese)	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-332-0366 (TTY: 711)。

The Group Policy or Contract and Certificate of Insurance/Coverage ("Plan Documents") include a complete listing of covered services, limitations, exclusions, and cancellation and renewal provisions. In the event of conflict, the Plan Documents will govern. PPO products are administered by United Concordia Companies, Inc., and underwritten by United Concordia Insurance Company and United Concordia Insurance Company of New York. Not all products available in all jurisdictions. United Concordia policies are limited benefit policies covering dental benefits only. Administrative and claims offices located at 1800 Center Street, Suite 2B 220, Camp Hill, PA 17011 (1-800-332-0366).