



TRS-ActiveCare

REGION 18

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LEARN THE TERMS

- **PREMIUM:** The monthly amount you pay for health care coverage.
- **DEDUCTIBLE:** The annual amount for medical expenses you're responsible to pay before your plan begins to pay.
- **COPAY:** The set amount you pay for a covered service at the time you receive it. The amount can vary based on the service.
- **COINSURANCE:** The portion you're required to pay for services after you meet your deductible. It's often a specified percentage of the costs; e.g., you pay 20% while the health care plan pays 80%.
- **TIERING:** Grouping doctors and facilities into tiers based on quality, cost and best practice clinical guidelines. This helps you compare choices. Tier 1 providers and facilities offer top performance and best value. You pay less when you choose Tier 1 and may pay more when you choose Tier 2.
- **OUT-OF-POCKET MAXIMUM:** The maximum amount you pay each year for medical costs. After reaching the out-of-pocket maximum, the plan pays 100% of allowable charges for covered services.

2026-27 TRS-ActiveCare Plan Highlights Sept. 1, 2026 – Aug. 31, 2027



This plan is closed to new enrollees. Current TRS-ActiveCare 2 participants can stay enrolled.

All TRS-ActiveCare participants have three plan options. Each includes a wide range of wellness benefits.

How to Calculate Your Monthly Premium

- Total Monthly Premium
- Your Employer Contribution

Your Premium

Ask your Benefits Administrator for your district's specific premiums.

Being Healthy is Easy

- \$0 preventive services
- One-on-one health coaches
- Weight loss programs and nutrition
- TRS Virtual Health
- Member Rewards is even better. Now you'll get a check when you use Member Rewards and choose low-cost, high-quality doctors and facilities – up to \$599* per tax year.
- Airrosti Remote Recovery gives you in-home virtual physical therapy to relieve common aches and pains at no cost.*

* Eligibility rules may apply.

See the Annual Enrollment Guide for more details.

Mental Health

- You have in-office and virtual benefits:
- TRS-ActiveCare Primary Plan: \$30 copay for office visits or \$0 with Teladoc
- TRS-ActiveCare Primary + Plan: \$15 copay for office visits or \$0 with Teladoc
- TRS-ActiveCare HD Plan: 30% coinsurance after deductible or \$42 with Teladoc
- TRS-ActiveCare 2 Plan: \$20 copay for office visits or \$12 with Teladoc

	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD
Plan Summary	<ul style="list-style-type: none"> Lowest premium of the three available plans Copays for doctor visits before you meet your deductible Statewide network Primary Care Provider referrals required to see specialists Not compatible with a Health Savings Account No out-of-network coverage 	<ul style="list-style-type: none"> Highest premium of the three available plans Copays for many services and drugs Lower deductible than the HD and Primary plans Statewide network Primary Care Provider referrals required to see specialists Not compatible with a Health Savings Account No out-of-network coverage 	<ul style="list-style-type: none"> Higher premium of the three available plans Must meet your deductible before plan pays for non-preventive care Nationwide network with out-of-network coverage No requirement for Primary Care Providers or referrals Compatible with a Health Savings Account

Monthly Premiums	Total Premium	Employer Contribution	Your Premium	Total Premium	Employer Contribution	Your Premium
Employee Only	\$429		\$504	\$441		
Employee and Spouse	\$1,159		\$1,311	\$1,191		
Employee and Children	\$730		\$857	\$750		
Employee and Family	\$1,459		\$1,664	\$1,500		

Plan Features	In-Network Coverage Only	In-Network Coverage Only	Out-of-Network
Individual/Family Deductible	\$2,500/\$5,000	\$1,200/\$2,400	\$6,800/\$13,600
Coinsurance	You pay 30% after deductible	You pay 20% after deductible	You pay 50% after deductible
Individual/Family Maximum Out of Pocket	\$8,000/\$16,000	\$6,900/\$13,800	\$20,500/\$41,000
PCP Required	Yes	Yes	No

Doctor Visits	Primary Care	Specialist
	\$30 copay	\$70 copay
	You pay 30% after deductible	You pay 30% after deductible
	\$15 copay	\$70 copay
	You pay 50% after deductible	You pay 50% after deductible

Immediate Care	Urgent Care	Emergency Care	TRS Virtual Health-RediMD™	TRS Virtual Health-TeleDoc®
	\$50 copay	You pay 30% after deductible	\$0 per medical consultation	\$12 per medical consultation
	Integrated with medical	Integrated with medical	\$0 per medical consultation	\$12 per medical consultation
	You pay 30% after deductible	You pay 30% after deductible	\$0 per medical consultation	\$12 per medical consultation
	\$50 copay	You pay 20% after deductible	\$0 per medical consultation	\$42 per medical consultation

Prescription Drugs	Drug Deductible	Generics (31-Day Supply/90-Day Supply)	Preferred (Max does not apply if brand is selected and generic is available)	Non-Preferred	Specialty (31-Day Max)	Insulin Out-of-Pocket Costs
	Integrated with medical	\$15/\$45 copay; \$0 copay for certain generics	You pay 30% after deductible	You pay 50% after deductible	You pay 30% after deductible; \$0 if SaveOnSP eligible	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply
	Integrated with medical	\$200 deductible per participant (brand drugs only)	You pay 20% after deductible; \$0 coinsurance for certain generics	\$200 deductible per participant (brand drugs only)	\$0 if SaveOnSP eligible	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply
	Integrated with medical	\$15/\$45 copay	You pay 20% after deductible; \$0 coinsurance for certain generics	\$15/\$45 copay	\$0 if SaveOnSP eligible	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply
	Integrated with medical	You pay 25% after deductible (\$100 max); You pay 25% after deductible (\$265 max)	You pay 25% after deductible	You pay 25% after deductible (\$265 max)	You pay 20% after deductible (\$500 max); \$0 if SaveOnSP eligible	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply
	Integrated with medical	You pay 50% after deductible	You pay 50% after deductible	You pay 50% after deductible	You pay 20% after deductible (\$500 max); \$0 if SaveOnSP eligible	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply
	Integrated with medical	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible (\$500 max); \$0 if SaveOnSP eligible	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply

TRS-ActiveCare 2
<ul style="list-style-type: none"> Closed to new enrollees Current enrollees can choose to stay in the plan Lower deductible Copays for many services and drugs Nationwide network with out-of-network coverage No requirement for Primary Care Providers or referrals

Total Premium	Employer Contribution	Your Premium
\$1,013		
\$2,402		
\$1,507		
\$2,841		

In-Network	Out-of-Network
\$1,000/\$3,000	\$2,000/\$6,000
You pay 20% after deductible	You pay 40% after deductible
\$7,900/\$15,800	\$23,700/\$47,400
	No

Tier 1: \$20 copay	Tier 2: \$40 copay	Tier 1: \$55 copay	Tier 2: \$85 copay
You pay 40% after deductible	You pay 40% after deductible	You pay 40% after deductible	You pay 40% after deductible

\$50 copay	You pay 40% after deductible
You pay a \$250 copay plus 20% after deductible	\$0 per medical consultation
\$0 per medical consultation	\$12 per medical consultation

\$200 brand deductible	\$200 brand deductible
\$20/\$45 copay	\$20/\$45 copay
You pay 25% after deductible (\$40 min/\$90 max)	You pay 25% after deductible (\$40 min/\$90 max)
You pay 25% after deductible (\$105 min/\$210 max)	You pay 25% after deductible (\$105 min/\$210 max)
You pay 50% after deductible (\$100 min/\$200 max); You pay 50% after deductible (\$215 min/\$430 max)	You pay 50% after deductible (\$100 min/\$200 max); You pay 50% after deductible (\$215 min/\$430 max)
You pay 30% after deductible (\$200 min/\$900 max); \$0 if SaveOnSP eligible	You pay 30% after deductible (\$200 min/\$900 max); \$0 if SaveOnSP eligible
\$25 copay for 31-day supply; \$75 for 61- to 90-day supply	\$25 copay for 31-day supply; \$75 for 61- to 90-day supply

Questions?

Call a Personal Health Guide at **1-866-355-5999** for help with medical services.
 Call Express Scripts® by Evernorth Pharmacy Benefit Services at **1-844-367-6108**
 for help with your pharmacy benefits.

Compare Prices for Common Medical Services

Closed to new enrollees.

Benefit	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD		TRS-ActiveCare 2	
	In-Network Only	In-Network Only	In-Network	Out-of-Network	In-Network	Out-of-Network
Diagnostic Labs	Office/Independent Lab: You pay \$0	Office/Independent Lab: You pay \$0	You pay 30% after deductible	You pay 50% after deductible	Office/Independent Lab: You pay \$0	You pay 40% after deductible
	Outpatient: You pay 30% after deductible	Outpatient: You pay 20% after deductible			Outpatient: You pay 20% after deductible	
High-Tech Imaging (like CT Scan, Mammogram and MRI)	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible + \$100 copay per procedure	You pay 40% after deductible + \$100 copay per procedure
Outpatient (like colonoscopy, cataract surgery and steroid injections)	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible (\$150 facility copay per incident)	You pay 40% after deductible (\$150 facility copay per incident)
Inpatient (like childbirth, complex joint replacement and cardiac surgery)	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible (\$500 facility per day maximum)	You pay 20% after deductible (\$150 facility copay per day)	You pay 40% after deductible (\$500 facility copay per incident)
Freestanding Emergency Room	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 50% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 40% after deductible
Bariatric Surgery	Facility: You pay 30% after deductible	Facility: You pay 20% after deductible	Not Covered	Not Covered	Facility: You pay 20% after deductible (\$150 facility copay per day)	Not Covered
	Professional Services: You pay \$5,000 copay + 30% after deductible	Professional Services: You pay \$5,000 copay + 20% after deductible			Professional Services: You pay \$5,000 copay + 20% after deductible	
	Only covered if rendered at a BDC+ facility	Only covered if rendered at a BDC+ facility			Only covered if rendered at a BDC+ facility	
Annual Vision Exam (one per plan year)	Specialist: You pay \$70 copay	Specialist: You pay \$70 copay	You pay 30% after deductible	You pay 50% after deductible	Tier 1 Specialist: \$55 copay Tier 2 Specialist: \$85 copay	You pay 40% after deductible
Annual Hearing Exam (one per plan year)	PCP: \$30 copay Specialist: \$70 copay	PCP: \$15 copay Specialist: \$70 copay	You pay 30% after deductible	You pay 50% after deductible	Tier 1 PCP: \$20 copay Tier 2 PCP: \$40 copay Tier 1 Specialist: \$55 copay Tier 2 Specialist: \$85 copay	You pay 40% after deductible