



Welcome to TELUS Health

TELUS Health blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EAP) and personalized wellbeing resources that can support you and your dependents with issues related to work, life and everything in between.

TELUS Health offers support with mental, financial, physical and emotional wellbeing. Whether you have questions about handling stress at work and home, parenting and childcare, managing money, or health issues, you can turn to TELUS Health for a confidential service that you can trust.

All events take place on Wednesday at 1PM EST.

Employee orientations:

[January 22nd](#)
[February 12th](#)
[March 12th](#)
[April 9th](#)
[May 7th](#)
[June 11th](#)
[July 16th](#)
[August 13th](#)
[September 3rd](#)
[October 1st](#)
[October 8th](#)
[November 19th](#)

Manager orientations:

[February 5th](#)
[April 23rd](#)
[July 9th](#)
[August 27th](#)
[September 24th](#)
[November 5th](#)

