MetLife US Mobile App

Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

Auto Insurance

Access your ID card
Request permanent ID cards
Pay your auto insurance bills
File claims
View your policies and more
View payment history

Dental Insurance¹

Find a dentist

DHMO Plan Only: Add/Change your dental office
PPO Plan Only: Plan based cost estimator for dental procedures
PPO Plan Only: View your Plan Summary
PPO Plan Only: View your claims
PPO Plan Only: Book an appointment
PPO Plan Only: Provider reviews and ratings
PPO Plan Only: Provider reviews and ratings
Track your brushing and flossing
View and save ID card

Vision Insurance

•Find a provider





It is easy to get the MetLife US Mobile app.

Search "MetLife" on the iTunes Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.



1. Certain features of the MetLife mobile app are not available for some MetLife dental plans.

Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

