

Care Services

Virtual Therapy

Getting Started

INTRODUCTION

Receive comprehensive therapy and counseling from Recuro's Clinical Social Workers and Marriage & Family Therapists. Your therapist will work with you to reach your emotional wellness goals, developing a personalized plan and tracking progress over time.

HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:
"member.recurohealth.com"

02

Enter your employer member ID

03

Create your username and password

04

Complete intake and wellness assessment

05

Schedule your consult



Example Conditions Treated

- Anger Mgmt
- Anxiety
- Bipolar
- Depression
- Eating Disorder
- Sleep Disorder
- Addiction
- Substances
- Grief / Loss
- PTSD
- OCD
- And More...

WELL VIA

A RECURO HEALTH COMPANY

customerservice@recurohealth.com | 855.6RECURO | Scan QR Code to Download



Care Services

Virtual Psychiatry

Getting Started

INTRODUCTION

Work with a board-certified psychiatrist to achieve your emotional wellness goals. With appointments available as soon as 48 hours, you can select a dedicated psychiatrist who will develop a personalized care plan and track progress over time.

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Consults

Example Conditions Treated

- Anger Mgmt
- Anxiety
- Bipolar
- Sleeping
- Addiction
- Substances
- Depression
- Stress
- Eating Disorders
- Grief / Loss
- Smoking
- PTSD
- OCD
- Mental Health
- Work Anxiety
- Marriage
- Relationships
- And More...

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