# TRS-ActiveCare has more doctors and hospitals than the hill country has hills.



TRS-ActiveCare Plan Highlights 2024-25



#### Learn the Terms.

- **Premium:** The monthly amount you pay for health care coverage.
- **Deductible:** The annual amount for medical expenses you're responsible to pay before your plan begins to pay.
- Copay: The set amount you pay for a covered service at the time you receive it. The amount can vary based on the service.
- **Coinsurance:** The portion you're required to pay for services after you meet your deductible. It's often a specified percentage of the costs; e.g., you pay 20% while the health care plan pays 80%.
- Out-of-Pocket Maximum: The maximum amount you pay each year for medical costs. After reaching the out-of-pocket maximum, the plan pays 100% of allowable charges for covered services.

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## 2024-25 TRS-ActiveCare Plan Highlights Sept. 1, 2024 - Aug. 31, 2025



# **How to Calculate Your Monthly Premium**

**Total Monthly Premium** 

Your Employer Contribution

Your Premium

Ask your Benefits Administrator for your district's specific premiums.

# Wellness Benefits at No Extra Cost\*

#### **Being healthy is easy with:**

- \$0 preventive care
- 24/7 customer service
- One-on-one health coaches
- Weight loss programs
- Nutrition programs
- Ovia<sup>™</sup> pregnancy support
- TRS Virtual Health
- Mental health benefits
- And much more!

\*Available for all plans. See the benefits guide for more details.

# Primary Plans & Mental Health

 Both Primary and Primary+ offer \$0 virtual mental health visits with any in-network provider. All TRS-ActiveCare participants have three plan options. Each includes a wide range of wellness benefits.

	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD
Plan Summary	Lowest premium of all three plans     Copays for doctor visits before you meet your deductible     Statewide network     Primary Care Provider referrals required to see specialists     Not compatible with a Health Savings Account     No out-of-network coverage	Lower deductible than the HD and Primary plans     Copays for many services and drugs     Higher premium     Statewide network     Primary Care Provider referrals required to see specialists     Not compatible with a Health Savings Account     No out-of-network coverage	Compatible with a Health Savings Account     Nationwide network with out-of-network coverage     No requirement for Primary Care Providers or referrals     Must meet your deductible before plan pays for non-preventive care

Monthly Premiums	Total Premium	Employer Contribution	Your Premium	Total Premium	Employer Contribution	Your Premium	Total Premium	Employer Contribution	Your Premium
Employee Only	\$445	\$300	\$145	\$522	\$300	\$222	\$460	\$300	\$160
Employee and Spouse	\$1,202	\$300	\$902	\$1,358	\$300	\$1,058	\$1,242	\$300	\$942
Employee and Children	\$757	\$300	\$457	\$888	\$300	\$588	\$782	\$300	\$482
Employee and Family	\$1,513	\$300	\$1,213	\$1,723	\$300	\$1,423	\$1,564	\$300	\$1,264

Plan Features				
Type of Coverage	In-Network Coverage Only	In-Network Coverage Only	In-Network	Out-of-Network
Individual/Family Deductible	\$2,500/\$5,000	\$1,200/\$2,400	\$3,200/\$6,400	\$6,400/\$12,800
Coinsurance	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible
Individual/Family Maximum Out of Pocket	\$8,050/\$16,100	\$6,900/\$13,800	\$8,050/\$16,100 \$20,250/\$40,500	
Network	Statewide Network	Statewide Network	Nationwide Network	
PCP Required	Yes	Yes	No	

Doctor Visits				
Primary Care	\$30 copay	\$15 copay	You pay 30% after deductible	You pay 50% after deductible
Specialist	\$70 copay	\$70 copay	You pay 30% after deductible	You pay 50% after deductible

Immediate Care								
Urgent Care	\$50 copay	\$50 copay	You pay 30% after deductible	You pay 50% after deductible				
Emergency Care	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible					
TRS Virtual Health-RediMD™	\$0 per medical consultation	\$0 per medical consultation	\$30 per medical consultation					
TRS Virtual Health-Teladoc®	\$12 per medical consultation	\$12 per medical consultation	\$42 per medical consultation					

Prescription Drugs			
Drug Deductible	Integrated with medical	\$200 deductible per participant (brand drugs only)	Integrated with medical
Generics (31-Day Supply/90-Day Supply)	\$15/\$45 copay; \$0 copay for certain generics	\$15/\$45 copay	You pay 20% after deductible; \$0 coinsurance for certain generics
Preferred (Max does not apply if brand is selected and generic is available)	You pay 30% after deductible	You pay 25% after deductible (\$100 max)/ You pay 25% after deductible (\$265 max)	You pay 25% after deductible
Non-preferred	You pay 50% after deductible	You pay 50% after deductible	You pay 50% after deductible
Specialty (31-Day Max)	\$0 if SaveOnSP eligible; You pay 30% after deductible	\$0 if SaveOnSP eligible; You pay 30% after deductible	You pay 20% after deductible
Insulin Out-of-Pocket Costs	\$25 copay for 31-day supply; \$75 for 61-90 day supply	\$25 copay for 31-day supply; \$75 for 61-90 day supply	You pay 25% after deductible

This plan is closed and not accepting new enrollees. If you're currently enrolled in TRS-ActiveCare 2, you can remain in this plan.

#### **TRS-ActiveCare 2**

- · Closed to new enrollees
- Current enrollees can choose to stay in plan
- Lower deductible
- Copays for many services and drugs
- Nationwide network with out-of-network coverage
- No requirement for Primary Care Providers or referrals

Total Premium	Employer Contribution	Your Premium
\$1,013	\$300	\$713
\$2,402	\$300	\$2,102
\$1,507	\$300	\$1,207
\$2,841	\$300	\$2,541

In-Network	Out-of-Network				
\$1,000/\$3,000	\$2,000/\$6,000				
You pay 20% after deductible	You pay 40% after deductible				
\$7,900/\$15,800	\$23,700/\$47,400				
Nationwide Network					
N	lo				

\$30 copay	You pay 40% after deductible
\$70 copay	You pay 40% after deductible

\$50 copay You pay 40% after deductible					
You pay a \$250 copay plus 20% after deductible					
\$0 per medical consultation					
\$12 per medical consultation					

\$200 brand deductible
\$20/\$45 copay
You pay 25% after deductible (\$40 min/\$80 max)/ You pay 25% after deductible (\$105 min/\$210 max)
You pay 50% after deductible (\$100 min/\$200 max)/ You pay 50% after deductible (\$215 min/\$430 max)
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You pay 30% after deductible (\$200 min/\$900 max)/ No 90-day supply of specialty medications \$25 copay for 31-day supply; \$75 for 61-90 day supply

### **Compare Prices for Common Medical Services**

### **REMEMBER:**

Call a Personal Health Guide 24/7 to help you find the best price for a medical service. Reach them at **1-866-355-5999**.

Benefit	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD		TRS-Acti	veCare 2
	In-Network Only	In-Network Only	In-Network	Out-of-Network	In-Network	Out-of-Network
Diagnostic Labs**	Office/Indpendent Lab: You pay \$0	Office/Indpendent Lab: You pay \$0	You pay 30%		Office/Indpendent Lab: You pay \$0	You pay 40% after deductible
Ü	Outpatient: You pay 30% after deductible	Outpatient: You pay 20% after deductible	after deductible		Outpatient: You pay 20% after deductible	
High-Tech Radiology	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible + \$100 copay per procedure	You pay 40% after deductible + \$100 copay per procedure
Outpatient Costs	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible (\$150 facility copay per incident)	You pay 40% after deductible (\$150 facility copay per incident)
Inpatient Hospital Costs	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible (\$500 facility per day maximum)	You pay 20% after deductible (\$150 facility copay per day)	You pay 40% after deductible (\$500 facility copay per incident)
Freestanding Emergency Room	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 50% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 40% after deductible
	Facility: You pay 30% after deductible	Facility: You pay 20% after deductible			Facility: You pay 20% after deductible (\$150 facility copay per day)	Not Covered
Bariatric Surgery	Professional Services: You pay \$5,000 copay + 30% after deductible	Professional Services: You pay \$5,000 copay + 20% after deductible	Not Covered Not Covered	Not Covered	Professional Services: You pay \$5,000 copay + 20% after deductible	
	Only covered if rendered at a BDC+ facility	Only covered if rendered at a BDC+ facility			Only covered if rendered at a BDC+ facility	
Annual Vision Exam (one per plan year; performed by an ophthalmologist or optometrist)	You pay \$70 copay	You pay \$70 copay	You pay 30% after deductible	You pay 50% after deductible	You pay \$70 copay	You pay 40% after deductible
Annual Hearing Exam (one per plan year)	\$30 PCP copay \$70 specialist copay	\$15 PCP copay \$70 specialist copay	You pay 30% after deductible	You pay 50% after deductible	\$30 PCP copay \$70 specialist copay	You pay 40% after deductible

<sup>\*\*</sup>Pre-certification for genetic and specialty testing may apply. Contact a PHG at 1-866-355-5999 with questions.

#### 2024-25 Health Maintenance Organization Plans and Premiums for Select Regions of the State

### **REMEMBER:**

When you choose an HMO, you're choosing a regional network.

TRS contracts with HMOs in certain regions to bring participants in those areas additional options. HMOs set their own rates and premiums. They're fully insured products who pay their own claims.

Blue Essentials - South Texas HMO <sup>SM</sup> Brought to you by TRS-ActiveCare	Blue Essentials - West Texas HMO <sup>SM</sup> Brought to you by TRS-ActiveCare
You can choose this plan if you live in one of these counties: Cameron, Hildalgo, Starr, Willacy	You can choose this plan if you live in one of these counties: Andrews, Armstrong, Bailey, Borden, Brewster, Briscoe, Callahan, Carson, Castro, Childress, Cochran, Coke, Coleman, Collingsworth, Comanche, Concho, Cottle, Crane, Crockett, Crosby, Dallam, Dawson, Deaf Smith, Dickens, Donley, Eastland, Ector, Fisher, Floyd, Gaines, Garza, Glasscock, Gray, Hale, Hall, Hansford, Hartley, Haskell, Hemphill, Hockley, Howard, Hutchinson, Irion, Jones, Kent, Kimble, King, Knox, Lamb, Lipscomb, Llano, Loving, Lubbock, Lynn, Martin, Mason, McCulloch, Menard, Midland, Mitchell, Moore, Motley, Nolan, Ochiltree, Oldham, Parmer, Pecos, Potter, Randall, Reagan, Reeves, Roberts, Runnels, San Saba, Schleicher, Scurry, Shackelford, Sherman, Stephens, Sterling, Stonewall, Sutton, Swisher, Taylor, Terry, Throckmorton, Tom Green, Upton, Ward, Wheeler, Winkler, Yoakum

Total Monthly Premiums	Total Premium	Employer Contribution	Your Premium	Total Premium	Employer Contribution	Your Premium
Employee Only	-	-	-	\$1,011.20	-	-
Employee and Spouse	-	-	-	\$2,462.32	-	-
Employee and Children	-	-	-	\$1,593.00	-	-
Employee and Family	-	-	-	\$2,614.90	-	-

Plan Features		
Type of Coverage	N/A	In-Network Coverage Only
Individual/Family Deductible	N/A	\$950/\$2,850
Coinsurance	N/A	You pay 25% after deductible
Individual/Family Maximum Out of Pocket	N/A	\$7,450/\$14,900

Doctor Visits		
Primary Care	N/A	\$20 copay
Specialist	N/A	\$70 copay

Immediate Care		
Urgent Care	N/A	\$50 copay
Emergency Care	N/A	\$500 copay before deductible + 25% after deductible

Prescription Drugs			
Drug Deductible	N/A	\$150	
Days Supply	N/A	30-Day Supply/90-Day Supply	
Generics	N/A	\$5/\$12.50 copay; \$0 for certain generics	
Preferred Brand	N/A	You pay 30% after deductible	
Non-preferred Brand	N/A	You pay 50% after deductible	
Specialty	N/A	You pay 15%/25% after deductible (preferred/non-preferred)	

www.trs.texas.gov