

HOW TO USE YOUR PLAN’S HEALTH
SCREENING BENEFIT



Accident



WHAT IS A HEALTH
SCREENING BENEFIT?

A health screening benefit is a cash benefit you can use to pay for a health screening for preventative care.

A health screening is a routine test done to find a problem or condition before signs show up. Screenings can help you maintain your health and prevent serious illness.

ELIGIBLE HEALTH SCREENINGS ¹

Abdominal aortic aneurysm ultrasound	Colonoscopy	Mammography ²
Aneurysm ultrasound	COVID-19 testing	Pap smear
Annual physical	CT angiography	PAD ultrasound
Blood test for triglycerides	Dental exam	PSA (blood test for prostate cancer)
Bone marrow testing	Double contrast barium enema	Serum cortisol test (for stress levels)
Bone density screening	ECG/EKG	Serum cholesterol test to determine HDL and LDL levels
Breast ultrasound	Employer-sponsored wellness or biometric screening	SPEP (blood test for myeloma)
CA 15-3 (blood test for breast cancer)	Eye exam	Sports physical
CA 125 (blood test for ovarian cancer)	Fasting blood glucose test	Stress test (on a bicycle or treadmill)
Carotid ultrasound	Flexible sigmoidoscopy	Thermography
CEA (blood test for colon cancer)	Hemoccult stool analysis	Well-child exam
Cervical cancer screening	Hearing exam	
Chest X-ray	Lipid panel	

Other critical illness ³and cancer screening tests that are not listed here but are within generally accepted standards of medical care may also be eligible. Coverage availability varies by state. Not all tests are available in all states.

How Do I use my Health Screening Benefit?

File a claim to access your health screening benefit with these steps:

STEP 1: Check Eligibility

Review the Health Screening chart from page 1 to find out if your health screening is eligible.

STEP 2: Organize Information

Prepare to file your claim.
You'll need the following information:

- Name, address and your group policy number
- Name of the health screening or test performed and the date completed; and
- Details of where the health screening was received and physician contact information (if applicable).

STEP 3: File Your Claim Over the Phone or Online

You can file your claim however you are most comfortable, over the phone with one of our claims professionals or online through the portal.

To file your claim by phone, call: **866-547-4205**
Monday through Friday, 8:00 am – 6:00 pm EST

To file your claim online, visit the
Supplemental Health Claims Portal:
TheHartford.com/benefits/myclaims