The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-355-5999 or at www.bcbstx.com/trsactivecare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$1,200 Individual / \$3,600 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Services that charge a <u>copayment</u> , <u>prescription drugs</u> , and <u>In-Network</u> <u>preventive care</u> , and <u>diagnostic test</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$200 prescription drug <u>deductible</u> . Does not apply to generic drugs. There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,900 Individual / \$13,800 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billed</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.bcbstx.com/trsactivecare</u> or call 1-866-355-5999 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network</u> <u>provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common		What You	ı Will Pay	Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$30 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	Includes Internist, General Physician, Family Practitioner, Pediatrician, Behavioral Health Physicians, or Gynecologist. Virtual visits may be available, please refer to your <u>plan</u> policy for more details; TRS Virtual Health Medical Consult Fee: \$0.
If you visit a health	<u>Specialist</u> visit	\$70 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	None
care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No Charge; <u>deductible</u> does not apply; except \$30 PCP/\$70 SPC <u>copayment</u> /visit for hearing or eye exam	Not Covered	TRS <u>Preventive Care</u> – <u>https://www.trs.texas.gov/Pages/healthcare</u> <u>covered preventive care.aspx</u> . You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. 1 per <u>plan</u> year limitation for Hearing and Eye exam.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge; <u>deductible</u> does not apply	Not Covered	X-ray services apply 20% <u>coinsurance</u> after <u>deductible</u> . Outpatient Lab services performed at a hospital apply 20% <u>coinsurance</u> after <u>deductible</u> .
	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not Covered	Preauthorization may be required.

Common		What Yo	u Will Pay	Limitationa Exceptiona 8 Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat your illness or condition	Generic drugs	<u>Copayment</u> /prescription, <u>deductible</u> doesn't apply: \$15 (Retail first fill), \$30 (Retail second fill - maintenance drugs), \$45 (Mail Order or Retail- <i>Plus</i>)	Copayment/prescription, deductible doesn't apply: \$15 (Retail first fill), \$30 (Retail second fill - maintenance drugs), \$45 (Mail Order or Retail- <i>Plus</i>)	Covers 31-day supply (Retail), 60-90 day supply (Mail Order or Retail- <i>Plus</i>). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives <u>in-network</u> . Precertification & step therapy required. Your cost will be	
More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.caremark.com</u> .	Preferred brand drugs	25% <u>coinsurance</u> , after <u>deductible</u>	25% <u>coinsurance</u> , after <u>deductible</u>	higher for choosing Brand over Generics unless prescribed Dispense as Written. <u>Out-of-Network</u> : reimbursement is the <u>allowed amount</u> for what would have been charged by a <u>network</u> pharmacy less the <u>copayment</u> after the drug <u>deductible</u> is met.	
	Non-preferred brand drugs	50% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>		
	Specialty drugs	20% <u>coinsurance</u> , after <u>deductible</u>	20% <u>coinsurance</u> , after <u>deductible</u>	All <u>Specialty drugs</u> must be filled at CVS Specialty Pharmacy. Retail not covered. 31-day supply limit.	
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not Covered	None	
outpatient surgery	Physician/surgeon fees	20% coinsurance	Not Covered	None	

Common		What You	u Will Pay	Limitations Exceptions 8 Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)Out-of-Network Provider (You will pay the most)		Limitations, Exceptions, & Other Important Information	
lf you need	Emergency room care	20% coinsurance	20% coinsurance	Free Standing Emergency Rooms apply a \$500 <u>copayment</u> per visit prior to the <u>deductible</u> . Once the <u>deductible</u> and <u>copayment</u> are applied, there is a 20% <u>coinsurance.</u>	
immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	Ground and air transportation covered. Non-emergency transport: not covered, except if <u>preauthorized.</u>	
	<u>Urgent care</u>	\$50 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	None	
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	Not Covered	None	
hospital stay	Physician/surgeon fees	20% coinsurance	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$30 <u>copayment</u> /office visit; <u>deductible</u> does not apply	Not Covered	Certain services must be preauthorized; refer to benefits booklet for details. Virtual visits are available through TRS- Virtual Health; Behavioral Health Consult Fees: Psychiatrist (Initial Visit) \$70.00, Psychiatrist (Ongoing Visit) \$70.00, Psychologist, Licensed Clinical Social Worker \$70.00.	
	Inpatient services	20% coinsurance	Not Covered	None	
	Office visits	\$30 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	<u>Copayment</u> applies to first prenatal visit (per pregnancy).	
lf you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u>	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	20% coinsurance	Not Covered	None	

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbstx.com/trsactivecare</u>.

Common		What You	ı Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Home health care	20% coinsurance	Not Covered	Limited to 60 visits per plan year.	
	Rehabilitation services	\$30 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	This includes physical therapy,	
If you need help recovering or have	Habilitation services	\$30 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	occupational therapy, and speech therapy.	
other special health	Skilled nursing care	20% coinsurance	Not Covered	Limited to 25 days per plan year.	
needs	Durable medical equipment	20% coinsurance	Not Covered	Limited to 1 durable medical equipment for same/similar purpose. Excludes repairs for misuse/abuse.	
	Hospice services	20% <u>coinsurance</u>	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	\$70 <u>copayment</u> /visit; <u>deductible</u> does not apply	Not Covered	1 routine eye exam/plan year if performed by an ophthalmologist or optometrist.	
	Children's glasses	Not Covered	Not Covered	None	
	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT	Cover (Check your policy or plan document for more inform	nation and a list of any other <u>excluded services</u> .)
 Cosmetic surgery (limited covered services) Dental care (Adult and Children) 	Long-term careNon-emergency care when traveling outside the U.S.	 Routine foot care (with the exception of person with diagnosis of diabetes) Weight loss programs (except for required preventive services)
Other Covered Services (Limitations ma	y apply to these services. This isn't a complete list. Please s	see your <u>plan</u> document.)
 Acupuncture (in lieu of anesthesia and nausea during pregnancy) Bariatric surgery (Limited to Blue Distinction Center Plus. 20% after <u>deductible</u>. \$5,000 per procedure <u>copayment</u> for professional charges.) Chiropractic care (35 visits per plan year) 	 Hearing aids (limited to \$1,000 per 36 months for members age 19 and older) Infertility treatment (Limited to the diagnosis & treatment or underlying medical condition) 	 Private-duty nursing Routine eye care (Adult, 1 routine eye exam per plan year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at 1-866-355-5999, U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>, or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of Texas at 1-866-355-5999 or visit <u>www.bcbstx.com/trsactivecare</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Texas Department of Insurance's Consumer Health Assistance Program at 1-800-252-3439 or visit <u>www.texashealthoptions.com</u>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-355-5999. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-355-5999. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-355-5999. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-355-5999.

—To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section. –

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible\$1,200Specialist copayment\$70Hospital (facility) coinsurance20%Other coinsurance20%		 The <u>plan</u>'s overall <u>deductible</u> \$1,200 <u>Specialist copayment</u> \$70 Hospital (facility) <u>coinsurance</u> 20% Other <u>coinsurance</u> 20% 		 The <u>plan</u>'s overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$1,200 \$70 20% 20%
This EXAMPLE event includes services <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>)	vork)	This EXAMPLE event includes service <u>Primary care physician</u> office visits (includise <u>disease education)</u> <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me	ding ter)	This EXAMPLE event includes serv Emergency room care (including med supplies) Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services (physical there	lical s) apy)
Total Example Cost	\$12,800	Total Example Cost	\$7,400	Total Example Cost	\$1,900
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,200	Deductibles*			\$1,200
Copayments	\$70	Copayments \$800		Copayments	\$300
Coinsurance	\$2,300	Coinsurance \$1,000		Coinsurance	\$40
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$60	Limits or exclusions	\$0
The total Peg would pay is	\$3,630	The total Joe would pay is	\$3,260	The total Mia would pay is	\$1,540

*Note: This <u>plan</u> has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services?" row above.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To speak to an interpreter, call the customer service number on the back of your member card. If you are not a member, or don't have a card, call 855-710-6984.

العربية Arabic	إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة. للتحدث إلى مترجم فوري، اتصل على رقم خدمة العملاء المذكور على ظهر بطاقة عضويتك. فإن لم تكن عضوًا، أو كنت لا تملك بطاقة، فاتصل على رقم خدمة العملاء المذكور على ظهر بطاقة عضويتك. فإن لم تكن عضوًا، أو كنت لا تملك بطاقة، فاتصل على رقم خدمة العملاء المذكور على ظهر بطاقة عضويتك. فإن لم تكن عضوًا، أو كنت
繁體中文	如果您, 或您正在協助的對象, 對此有疑問, 您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員, 請致電印在您的會員卡背面的客戶服務電話號碼。如果您不是會員, 或沒有會
Chinese	員卡, 請致電 855-710-6984。
Français	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, composez le numéro du service
French	client indiqué au verso de votre carte de membre. Si vous n'êtes pas membre ou si vous n'avez pas de carte, veuillez composer le 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Kundenservicenummer auf der Rückseite Ihrer Mitgliedskarte an. Falls Sie kein Mitglied sind oder keine Mitgliedskarte besitzen, rufen Sie bitte 855-710-6984 an.
ગુજરાતી	જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. દુભાષિયા સાથે વાત કરવા માટે, તમારા સભ્યપદના કાર્ડની પાછળ આપેલ ગ્રાફક સેવા નંબર પર કૉલ કરો. જો
Gujarati	આપ સભ્યપદ ના ધરાવતા હોવ, અથવા આપની પાસે કાર્ડ નથી તો 855-710-6984 નંબર પર કૉલ કરો.
हिंदी	यदि आपके, या आप जिसकी सहायता कर रहे हैं उसके, प्रश्न हैं, तो आपको अपनी भाषा में निःशुल्क सहायता और जानकारी प्राप्त करने का अधिकार है। किसी अनुवादक से बात करने के लिए, अपने सदस्य कार्ड के पीछे
Hindi	दिए गए ग्राहक सेवा नंबर पर कॉल करें। यदि आप सदस्य नहीं हैं, या आपके पास कार्ड नहीं है, तो 855-710-6984 पर कॉल करें।
日本語 Japanese	ご本人様、またはお客様の身の回りの方でも、ご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通 訳とお話される場合、メンバーカードの裏のカスタマーサービス番号までお電話ください。メンバーでない場合またはカードをお持ちでない場合は 855-710-6984 までお電話くだ さい。
한국어	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 회원 카드 뒷면에 있는고객 서비스 번호로
Korean	전화하십시오. 회원이 아니시거나 카드가 없으시면 855-710-6984 으로 전화주십시오.
ພາສາລາວ	ຖ້າທ່ານ ຫຼື ຄົນທີ່ທ່ານກຳລັງໃຫ້ການຊ່ວຍເຫຼືອມີຄຳຖາມ, ທ່ານມີສິດຂໍເອົາການຊ່ວຍເຫຼືອ ແລະ ຂໍມູນເປັນນພາສາຂອງທ່ານໄດ້ໂດຍບໍ່ມີຄ່າໃຊ້ຈ່າຍ. ເພື່ອລົມກັບນາຍແປພາສາ, ໃຫ້ໂທຫາເບີຝ່າຍບໍລິ
Laotian	ການລູກຄ້າທີ່ມີຢູ່ດ້ານຫຼັງບັດສະມາຊິກຂອງທ່ານ. ຖ້າທ່ານບໍ່ແມ່ນສະມາຊິກ, ຫຼື ບໍ່ມີບັດ, ໃຫ້ໂທຫາເບີ 855-710-6984.
Diné Navajo	T'áá ni, čí doodago ła'da bíká anánílwo'ígií, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł. Ata' halne'í bich'i' hadeesdzih nínízingo éí kwe'é da'íníishgi áká anídaalwo'ígií bich'i' hodíílnih, bee néchózinii bine'déé' bikáá'. Kojí atah naaltsoos ná hadít'éégóó éí doodago bee néchózinígíí ádingo koji' hodíílnih 855-710-6984.
فارسی	اگر شما، یا کسی که شما به او کمک می کنید، سؤالی داشته باشید، حق این را دارید که به زبان خود، به طور ر ایگان کمک و اطلاعات دریافت نمایید. جهت گفتگو با یک مترجم شفاهی، با خدمات مشتری به شماره ای که در یشت کارت عضویت شما
Persian	درج شده است نماس بگیرید. اگر عضو نیستید، یا کارت عضویت ندارید، با شماره 6984-710-658 نماس حاصل نمایید.
Русский	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы поговорить с переводчиком, позвоните
Russian	в отдел обслуживания клиентов по телефону, указанному на обратной стороне вашей карточки участника. Если вы не являетесь участником или у вас нет карточки, позвоните по телефону 855-710-6984.
Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete comuníquese con el número del Servicio al Cliente que figura en el reverso de su tarjeta de miembro. Si usted no es miembro o no posee una tarjeta, llame al 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa numero ng serbisyo para sa kustomer sa likod ng iyong kard ng miyembro. Kung ikaw ay hindi isang miyembro, o kaya ay walang kard, tumawag sa 855-710-6984.
اردو	گر آپ کو، یا کسی ایسے فرد کو جس کی آب مدد کررہے ہیں، کوئی سوال درپیش ہے تو، آپ کو اپنی زبان میں مفت مدد اور معلومات حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لیے، کسٹمر سروس نمبر پر کال کریں جو آپ کے
Urdu	کارڈ کی پشت پر درج ہے۔ اگر آپ ممبر نہیں ہیں، یا آپ کے پاس کارڈ نہیں ہے تو، 1906-710-858 پر کال کریں۔
Tiếng Việt	Nếu quý vị hoặc người mà quý vị giúp đỡ có bất kỳ câu hỏi nào, quý vị có quyền được hỗ trợ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với thông dịch viên, gọi số dịch vụ khách
Vietnamese	hàng nằm ở phía sau thể hội viên của quý vị. Nếu quý vị không phải là hội viên hoặc không có thẻ, gọi số 855-710-6984.

Health care cov We provide free communication aids and servic We do not discriminate on the basis of race		ability or who needs language assistance.		
To receive language or communication	assistance free of charg	ge, please call us at 855-710-6984.		
If you believe we have failed to provide a service, or think	we have discriminated ir	n another way, contact us to file a grievance.		
Office of Civil Rights CoordinatorPhone:855-664-7270 (voicemail)300 E. Randolph St.TTY/TDD:855-661-696535th FloorFax:855-661-6960Chicago, Illinois 60601Email:CivilRightsCoordinator@hcsc.net				
You may file a civil rights complaint with the U.S. Depa	rtment of Health and Hu	iman Services, Office for Civil Rights, at:		
U.S. Dept. of Health & Human Services 200 Independence Avenue SW Room 509F, HHH Building 1019 Washington, DC 20201	Phone: TTY/TDD: Complaint Portal: Complaint Forms	800-368-1019 800-537-7697 <u>https://ocrportal.hhs.gov/</u> ocr/portal/lobby.jsf : http:// <u>www.hhs.gov/ocr/office/file/index.html</u>		