



Welcome to Live Life Wellness

Join Your Program

Ready to get started?

Sign up today to take your first steps toward better wellbeing.

Key Dates

Program year:

Jan. 1 – Dec. 31, 2026

Deadline:

Complete your activities by
Dec. 31, 2026.

Your Rewards

Complete the Total Health Survey and earn 100 points to receive \$75

- Earn 150 points for an additional \$50
- Earn 200 points for another \$25

Get Started

Step 1:

Go to www.livelifewellnessportal.com.

Step 2:

Verify your identity using your SSN, date of birth and complete the security verification process.

Step 3:

Enable multi-factor authentication (MFA). Instructions are available on the portal after you log in.

Your program: Purpose & Benefits

The Live Life Wellness program helps you achieve your health goals while earning rewards. Complete activities that matter to you, track your progress, and improve your wellbeing. With over 200 points available, you can customize your wellness journey while earning up to \$150 in the ADR Rewards Mall.

How to Participate

Eligibility

All Ysleta ISD employees and their spouses are eligible to participate in the Live Life Wellness program.

How to complete your program

- Complete the Total Health Survey and earn 100 points to receive \$75
- Earn a total of 150 points to receive an additional \$50
- Earn a total of 200 points to receive an additional \$25
- Anyone earning over 200 points will be entered into a raffle prize drawing

Download App



Download the Navigate Wellbeing app for a convenient way to track your activities.



New! Video Learning Courses:

Explore our new 2026 video courses on nutrition, fitness, financial wellbeing, and stress management.



New! Personal Challenges:

Set and reach your health goals at your own pace with this new feature.

Your Program Checklist

Getting Started

- ☐ Log in to your portal
- ☐ Complete your survey
- ☐ Download the mobile app
- ☐ Sync your fitness tracker or app

Explore Features

- ☐ Watch video courses
- ☐ Join a personal challenge
- ☐ Track your progress on the dashboard
- ☐ Check out resources like articles and recipes
- ☐ Learn how to earn wellness incentives

Make the most of your wellbeing program and take control of your journey today!

Here's what you can expect:

- Access tools and resources anytime, anywhere.
- Get personalized challenges and courses for your goals.
- Track your progress with simple tools.
- Discover expert tips, recipes, and guides
- Achieve your goals. Visit your wellbeing platform now and start living healthier, happier, and more balanced today!

Questions? Contact:

info@navigatewell.com

(888) 282-0822

Group Challenges



Boots Are Made for Walkin': January 19 – March 1, 2026

Registration: January 5 – January 25, 2026



Food for Thought: March 30 – May 10, 2026

Registration: March 16 – April 5, 2026



Find Your Fit: August 10 – September 6, 2026

Registration: July 27 – August 16, 2026



What Makes Cents: September 28 – October 25, 2026

Registration: September 14 – October 4, 2026