

Keep up with eye exams and eyewear with Vision Insurance

Flexible benefits that may save you money.¹



Vision insurance can provide important benefits for you and eligible family members.² MetLife Vision Insurance with the **Superior Vision®** network includes coverage for routine eye exams, glasses, contact fittings, evaluations and lenses, plus access to a discount³ on LASIK.⁴

**You asked.
We answered.**

Why sign up for vision insurance? Find out with some FAQs.

Why should I enroll?

- A.** Even if you don't wear glasses or contacts, regular visits to your eye doctor may **help contribute to your overall health**. A comprehensive eye exam isn't just about updating your glasses — it's a powerful tool for detecting early signs of serious health conditions like diabetes and heart disease.²

Eye exams are important for people of all ages, especially children, as many vision and health issues can happen at any stage in life.² Catching these signs early can help lead to faster diagnosis, quicker treatment and improved overall health.²

How can a vision plan help me save money?

- A.** Eyeglasses and routine eye exams can be more expensive than you may think. With MetLife Vision Insurance, you can save¹ on routine eye exams, glasses and contact lenses.

When can I enroll?

- A.** You can enroll during your **open enrollment period**.

Where can I choose an eyecare professional and eyewear?

- A.** You can **go to any licensed eye care professional**. Choose from the thousands of participating professionals at private practices or popular retail locations,⁵ including Warby Parker, America's Best Contacts & Eyeglasses, Costco Optical, LensCrafters, Pearle Vision, Target Optical, VisionWorks, Walmart Vision Center and more.⁶ Enjoy lower out-of-pocket costs when visiting a participating vision care provider.

You can also visit online, in-network eyewear stores, including Glasses.com, Warby Parker, 1-800 Contacts, Target Optical, LensCrafters and ContactsDirect.⁶

If you choose an out-of-network provider, you may have increased expenses, will need to pay in full at the time of services, and will need to file a claim with MetLife for reimbursement.

How can I find a participating eye care professional?

- A.** You can find a participating eye care professional by using the Find a Vision Provider tool at [metlife.com](https://www.metlife.com) or through MyBenefits. Select *Find a Vision Provider*, choose *Superior Vision* as the network, complete the information requested and hit the *Search Now* button.

Regular visits to your eye care professional can help protect your eyesight and may help to identify chronic medical conditions.²

What if my eye care professional is not in the Superior Vision network?

- A.** You can go to any licensed eye care professional.

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If you choose an out-of-network provider, you may have increased expenses, will need to pay in full at the time of services, and will need to file a claim with MetLife for reimbursement.

What services are covered under my plan?

- A.** Routine eye exams, frames and lenses are available with your plan. Your plan also offers lens enhancements,⁷ including, but not limited to, polycarbonate (shatter-resistant) lenses, ultraviolet (UV) coating, scratch-resistant and anti-reflective coatings, and progressive lenses.

What additional offers do I get with my plan?

- A.** Your plan includes access to a discount³ on LASIK.⁴ Plus, you can get access to a hearing exam and a discount³ on hearing aids.⁸

How do I access plan information online?

- A.** Securely register on MetLife's MyBenefits website at [metlife.com/mybenefits](https://www.metlife.com/mybenefits).

Do I need an ID card?

- A.** No. You do not need an ID card to schedule an appointment or receive services. While ID cards aren't required, digital ID cards will be available to you through through MyBenefits. When visiting a participating vision provider without an ID card, please be prepared to provide your name, group name and group number.

What should I tell my provider at my next vision care appointment?

- A.** At or before your next vision care appointment, please let your provider know your vision benefit is MetLife Vision Insurance with the Superior Vision network.

For more information about your MetLife Vision benefits, please refer to the plan summary.

**Questions? Call MetLife Vision at
1-833-EYE-LIFE (1-833-393-5433).**

1. Your actual savings from enrolling in a vision plan will depend on various factors, including the plan chosen, plan premiums, number of visits to an eye care professional by your family per year, and the cost of services and materials received. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
2. In Plain Sight: Examining America's Eye Health Challenge and How to Solve It, 4th Annual Vision Wellness Study, Versant Health, 2025.
3. Discount off retail. Not all providers participate in vision program discounts, including the member out-of-pocket features. Call your provider prior to scheduling an appointment to confirm if the discount and member out-of-pocket features are offered at that location. Discounts and member out-of-pocket are not insurance and subject to change without notice.
4. The Superior Vision network provides you with the opportunity to access discounted laser correction services. Laser vision correction services are administered by QualSight, LLC, and may not be available in all service areas. Superior Vision makes no representations regarding any services provided by QualSight, LLC. Not everyone will qualify for LASIK surgery. Results will vary. Please discuss outcomes with your eyecare provider.
5. For a list of participating providers, use the Find a Vision Provider tool at metlife.com. Select Find a Vision Provider, choose Superior Vision as the network, complete the information requested and hit the Search button.
6. All product and company names are trademarks or registered trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.
7. Lens enhancements are available at participating private practices. Pricing is subject to change without notice. Please check with your provider for details and availability prior to receiving services. Additional discounts may not be available in certain states or at certain retail locations.
8. The Superior Vision network provides you with the opportunity to access discounts with Your Hearing Network. All hearing services are administered by Your Hearing Network and may not be available in all service areas. Superior Vision makes no representations regarding any services provided by Your Hearing Network.

MetLife vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through Superior Vision Services, Inc. ("Superior Vision"), a Delaware corporation. Superior Vision is part of the MetLife family of companies. Like most group benefit programs, Superior Vision by MetLife plans contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.



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